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# Island Sun

VOL. 26, NO. 29

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 11, 2019

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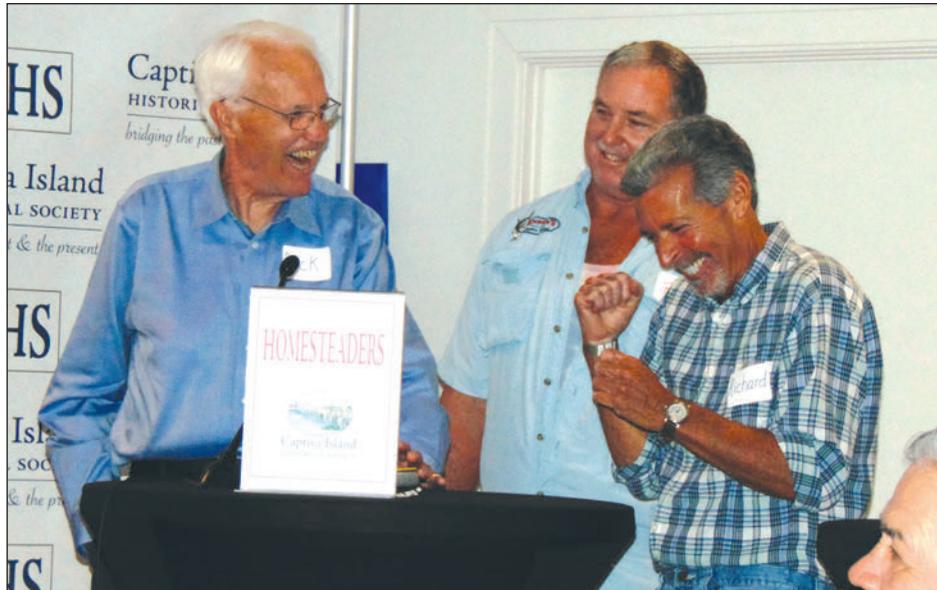
## Captiva Island Historical Society Plans Busy Season

by Jeff Lysiak

Five events remain on the Captiva Island Historical Society (CIHS) 2018-19 season calendar, which feature several documentary film screenings and the second installment of the hugely popular Captiva History Game Show.

A double-feature of the CIHS *Captiva Memories* documentary series, including Volume IV – *Artists & Authors* and Volume VI – *South Seas: Captiva's Enduring Paradise*, will be held on Wednesday, January 16 at The Community House, located at 2173 Periwinkle Way on Sanibel. Doors open at 5:30 p.m. and complimentary refreshments will be served. A cash bar will also be available. The program will start at 6 p.m.

In *Artists & Authors*, friends and relatives of Robert Rauschenberg, Anne Morrow Lindbergh, Maybelle Stamper and Jay Norwood "Ding" Darling share invaluable stories that capture the spirit



Lots of laughter was shared during the first Captiva History Game Show, held in February 2018. Pictured from left are teammates Dick Pyle, Ron Rosse and Richard Sonking reacting to a correct response. photo provided

of Captiva and its meaning to these four world-class artists and authors. The film runs 49 minutes.

*South Seas: Captiva's Enduring Paradise* features the history of the changing shoreline of northern Captiva

through hurricanes, its early island residents, rich farmland for crops, and becoming a world renowned resort destination. The film runs 40 minutes.

Admission for the double feature is \$10 per person, with limited

seating available. Reservations are recommended. To purchase tickets, visit [www.eventbrite.com/e/double-feature-film-night-tickets-47955876317](http://www.eventbrite.com/e/double-feature-film-night-tickets-47955876317) or call 472-2323.

On Wednesday, January 30, the second collaboration with the Sanibel Historical Museum & Village, a full-length documentary entitled *Be Our Guest: The History of Lodging on Sanibel & Captiva* takes a historic look at accommodations, from island rooming homes to resorts. The screening will be held at The Community House. Doors open at 5:30 p.m. and complimentary refreshments will be served. A cash bar will also be available. The program will start at 6 p.m.

Admission for *Be Our Guest* is \$10 per person, with limited seating available. Reservations are recommended. To purchase tickets, call Emilie Alfino at 472-4648 or email [info@sanibelmuseum.org](mailto:info@sanibelmuseum.org).

The 1999 documentary *Uncommon Friends of the 20th Century* will be shown inside the ballroom at South Seas Island Resort on Tuesday, February 12. Award-winning director John Biffar and broadcast journalist Ken Sneed will offer their perspectives on the film,

continued on page 10

## Lectures Feature Authors, Birders, Python Hunters

The 15th annual "Ding" Darling Friday Lecture Series, which runs January 25 through April 12, features a lineup of celebrities in the world of birds, butterflies and conservation. From birds of the Arctic and North American owls to monarch butterflies and Burmese pythons, the season promises to be one of the refuge's best yet. Lectures take place in the "Ding" Darling Visitor & Education Center Auditorium at JN "Ding" Darling National Wildlife Refuge on Sanibel.

HighTower/Thomas & Swartz Wealth Management sponsors the free 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The series features noted authors and experts in nature-related fields.

One highlight of the season brings together Dusty "Wildman" Crum, a python hunter who has made a number of national TV appearances, with fellow

continued on page 3



Internationally acclaimed birder, photographer and award-winning author Richard Crossley at work

photo provided

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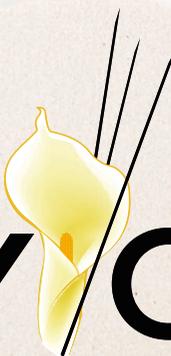
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## Volunteers Needed For Food Packing

Community members are invited to serve others less fortunate by packing dry meals on Friday, January 25 from 6 to 8 p.m. and Saturday, January 26 from 8:30 to 10:30 a.m., 11:30 a.m. to 1:30 p.m., and 2 to 4 p.m. in Fellowship Hall at Sanibel Community Church.

The organizer of the event is Feed My Starving Children, a national Christian nonprofit hunger relief organization that provides food to help communities in developing countries become self-sustaining. FMSC welcomes everyone who wants to help turn world hunger into hope with their own two hands.

Volunteers hand pack meals which are shipped to partners already operating in nearly 70 countries and are used in orphanages, clinics, schools, mission and community feeding programs. The Sanibel Island MobilePack has committed to raising \$24,000 and gathering 500 volunteers to produce 108,000 meals. That is just 22 cents per meal and only two-hour packing shifts.

Adults and children (5 years and older) will measure, scoop, seal bags and prepare boxes for shipping. This is a great family activity and a wonderful teaching moment for youth. To volunteer

for one or more of the packing sessions, go to <https://give.fmsc.org/sanibel>. To help meet the \$24,000 goal, donations can be made online at <https://give.fmsc.org/sanibel>, by check to Feed My Starving Children with MobilePack #1901-266 on memo line and send to Feed My Starving Children, 401 93rd Ave. NW, Coon Rapids, MN 55433. You may also bring a donation to one of the packing sessions. Volunteers are also asked to bring a non-perishable food item for FISH of SanCap.

For more information, call Karen Lawrence at 312-4926 or Dave Truelsen at 847-305-9175.

Sanibel Community Church is located at 1740 Periwinkle on Sanibel.\*

## Art On The Veranda Sale

The Sanibel-Captiva Art League will hold its popular Art on the Veranda sale on the boardwalk at Bailey's General Store this Saturday, January 12 from 10 a.m. to 3 p.m. Artists will bring out their original works of art for sale. There will be watercolors, acrylics, oils, pastels, collage and other mediums. There is no admission charge and all are welcome.

Bailey's General Store is located at 2477 Periwinkle Way on Sanibel.

For more information, visit [www.sancapart.com](http://www.sancapart.com).\*

From page 1

## Lecture Series

python hunters and Sanibel bankers Geoff and Robbie Roepstorff, and Mike Kirkland, invasive animal biologist for the South Florida Water Management District and manager of the Python Elimination Program, on March 22.

Richard Crossley – an internationally acclaimed birder, photographer and award-winning author of *The Crossley ID Guide* series – makes a first-time appearance for the series on February 1, and ornithologist Dr. Jerry Lorenz will return to talk about flamingos and roseate spoonbills on April 5.

The free lectures will be held twice each Friday (except on February 8), at 10 a.m. and 1 p.m. The complete schedule follows. Visit [www.dingdarlingsociety.org/articles/lecture-and-film-series](http://www.dingdarlingsociety.org/articles/lecture-and-film-series) for more information on lecturers.

Seating for the lectures is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or risk being reassigned.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the free Visitor & Education Center, Indigo Trail, and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS

management, staff and board of directors.

For more information, call 472-1100 ext. 241.

\*January 25 – Author Debbie Miller, *Arctic Wings: Birds of the Arctic National Wildlife Refuge*

\*February 1 – Author/photographer Richard Crossley, *The Crossley ID Guides: Waterfowl*

February 8 – No lecture

\*February 15 – Author Paul Bannick, *Owl: A Year in the Lives of North American Owls*

\*February 22 – Author Anurag Agrawal, *Monarchs and Milkweed: A Migrating Butterfly, a Poisonous Plant, and Their Remarkable Story of Coevolution*

\*March 1 – Author Warner Shedd, *Owls Aren't Wise & Bats Aren't Blind: A Naturalist Debunks Our Favorite Fallacies about Wildlife*

March 8 – Yve Morrell, *The Big Year: A First for Women*

March 15 – Jeremy Conrad, *Sea Level Rise: Globally & Locally*

March 22 – Dusty "Wildman" Crum, Robbie and Geoff Roepstorff, Mike Kirkland, *Pythons: The Hunters, the Science*

March 29 – Marine scientist Lauren Blickley, *Drastic Plastic – Turning the Tide on Plastic Pollution*

April 5 – Ornithologist Dr. Jerry Lorenz, *Flamingos & Spoonbills: Pink Canaries in a Coal Mine*

\*April 12 – Author Denege Patterson, *Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound*

\*book signing follows lecture\*



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by KAY CASPERSON



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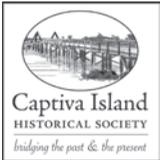




Aerial photo of South Seas Plantation, circa 1970  
photo courtesy Captiva Island Historical Society Archives

## Captiva Island Historical Society Landmark: South Seas Plantation

This week's image features an aerial photo of South Seas Plantation, circa 1970. It shows the channel to the marina prior to Marina Villas and Cap'n Al's.



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages

are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website [www.captivaishistorical.org/archives/research](http://www.captivaishistorical.org/archives/research) to view many more images to bring you closer to Captiva.✱

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, Fort Myers, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

### SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary,

9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday Mass through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.✱



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# Missions Fair This Sunday At Captiva Chapel

On Sunday, January 13, before and after the 11 a.m. worship service, the Historic Captiva Chapel by the Sea will host a missions fair featuring the community agencies the chapel supports with gifts of money and time. This annual event is an opportunity for individuals to learn about many local human service agencies and be inspired to get personally involved in the important work of the organizations serving needs across Lee County.

The missions and outreach committee was started in the 1980s with funds provided to the El Hogar Orphanage in Honduras and the Lee County Mission (now Gladiolus Learning and Development Center) in the Harlem Heights neighborhood of South Fort Myers. Recipient organizations have been invited to bring information on their agencies to share with the chapel community at the Sunday service.

The organizations supported today are: Community Cooperative of Fort Myers; Gladiolus Learning and Development Center; FISH of SanCap; ECHO Global Farm, North Fort Myers; South Fort Myers Food Pantry; Quality Life Center of SW Florida; El Hogar (children's home in Honduras, Central America); and Community Housing and Resources (CHR). The missions calendar includes a Thanksgiving food drive,



Guests at a previous missions fair

photo provided

Christmas gift drive for children at the Gladiolus Learning and Development Center, a Pantry Sunday to collect donations of food and funds for food pantries and Undie Sunday donations for children's underwear given through FISH.

Nearly half of the Sunday offering collected at chapel services from

November through April goes to serve the needs of people both near and far with the emphasis on children, families and seniors.

The Historic Captiva Chapel by the Sea is located at 11580 Chapin Lane on Captiva, next to the Captiva Library and Captiva Civic Center.\*

# Distinguished Rabbi And Author To Speak

Rabbi Stephen Lewis Fuchs, spiritual leader of Bat Yam Temple of the Islands on Sanibel, will be the featured speaker at the 3rd annual Jewish Day of Learning at Temple Shalom of Naples on Sunday, January 20 from 9:30 a.m. to 2:30 p.m. The title of Rabbi Fuchs' program is Prisoners of Hope.

Rabbi Fuchs, whose stellar career has extended over four decades, is an author, noted speaker and former president of the World Union for Progressive Judaism. He earned his undergraduate degree from Hamilton College and was ordained a rabbi at Hebrew Union College. In October 2017, he received the Distinguished Alumnus Award from the Vanderbilt Divinity School.

The Day of Learning program will also include a presentation by David Prager, southern regional representative for the Simon Wiesenthal Center, and will conclude with a concert called Voices of Hope: Music and Poetry of the Holocaust featuring noted area violinist Rachel Cox.

The cost for the program is \$18.

Temple Shalom is located at 4630 Pine Ridge Road in Naples. For more information or to register, contact the Jewish Federation of Greater Naples at 263-4205.\*

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## OBITUARY



## MARK JOSEF LEONARDI

Mark Josef Leonardi, 49, of Sanibel, passed away at Hope Hospice in Fort Myers on Sunday, December 30 after a brief battle with cancer. Mark was born on February 22, 1969 in Plymouth, Massachusetts and came to Sanibel with his family in 1978.

Mark graduated from Cypress Lake High School in 1986. He earned a living working in the landscaping

business on Sanibel. Mark was an avid, lifelong fisherman, boater and a certified diver.

Mark was a skilled angler, rarely coming home empty-handed. He had a particular passion for offshore fishing in the Gulf of Mexico. For years he spent many weekends far offshore on chartered trips to the Dry Tortugas among friends. He also enjoyed owning and operating his own boat, regularly fishing the waters around Sanibel.

Mark spent his life on the water, and there was nowhere else that he would rather be.

Mark is survived by his parents, Peter and Karin Leonardi of Sanibel; brother, Peter Leonardi and partner Lynn Kompinski of Sanibel; sister, Tanya Batke of Fort Myers; brother-in-law, Derek Batke; and nephews, Zachary Leonardi, Nicholas Leonardi, Dominik Batke and Cristian Batke.

The family would like to extend their heartfelt thanks and appreciation to the doctors and nurses at Hope Hospice in Shell Point. Their compassionate care and guidance were truly a blessing during this most difficult time.

A memorial service will be held at Harvey-Engelhardt Funeral Home, located at 1600 Colonial Boulevard in Fort Myers, on Saturday, January 12 at 10 a.m. Friends of Mark are invited and welcome to attend.

Friends are also encouraged to visit <https://www.harvey-engelhardt.com/> tributes to leave condolences, or share a memory or photo.\*

## OBITUARY



## PAUL VENTURA

by Barbara Linstrom

Sanibel's own "Blue Eyes" crooner Paul Ventura has passed away.

As one of Sanibel's most beloved entertainers, Paul Ventura regaled island audiences with his silky, smooth vocals for nearly 20 years. A true crooner, he also performed with top celebrities such as Tony Bennett, Milton Berle and Jackie Gleason in legendary venues from Las Vegas to Miami Beach and European capitals.

On November 24, 2018, Paul passed away alongside his loving wife, Liliana, who he met in 1999 while performing at Dolce Vita on Sanibel. He not only leaves a legacy for his fabulous musical talents but also for his artwork, most notably the vibrant signs he painted throughout Sanibel and Captiva.

He is survived by his sister, Lenore Ross of McMurray, Pennsylvania; his three sons, Marcel, Chris and Nikolas; his three daughters by marriage, Debbie, Amy and Carla and seven grandchildren, Simms, Alyssa, Jennings, Trevor, Kai, Karina and Steele.

Born July 12, 1938, in Pittsburgh, Paul was fascinated with the American Songbook by age 6. After he graduated from high school in 1957, he moved to Hollywood, Florida to live with his "Nonna" and soon after organized a five-piece band that played the Fort Lauderdale/Miami Beach circuit.

In 1961, he was sent to Germany after being inducted into the Army and joining the Signal Corps. Once his talent was recognized, he was added to the lineup in the All Army Show and returned to Germany after he was discharged to entertain audiences across Europe. It was at that time that he performed with Tony Bennett and The Four Aces.

In 1967, he returned to the east coast of Florida after receiving invitations to perform from such classic venues in Miami Beach as The Fontainebleau and The Red

Carpet. With a winning smile, a warm personality and eyes that smiled, Paul won over audiences' hearts as he followed his life's passion to sing, dance and play the saxophone on cruise lines, across the U.S. and in Canada.

By the late '80s, he settled again on the east coast of Florida, where he was one of the acts in a big toast for Milton Berle and comedian Tubby Boots. He was also a regular performer in Lake Tahoe in the '90s. After moving to Sanibel in 1999, he performed special requests for Dave Brubeck and his wife, Viola, at Ellington's Jazz Club and went on to become a well-loved staple at Dolce Vita, Traditions, the Captiva Island Yacht Club and at Gabriello's in Naples.

Aside from his devotion to music, Paul was an avid painter and lover of the arts in general. His Italian roots and love of life flourished in his marriage to Liliana, a native of Piscinisco, Italy, who shares his passion for creativity. Paul did sketches of classic scenes in her hometown and donated them to the town to raise funds to restore the frescoes in the churches there.

On two trips to Europe aboard the *Queen Mary II*, Paul was invited to sing *Fly Me To The Moon* with the talent in the main lounge of the elegant ocean liner.

One of Liliana's fondest memories was when they were vacationing in Florence and they passed by a hotel where a trio was playing *Satin Doll*, which was Paul's nickname for Liliana and a song he often sang to her. Paul took it as a cue to join the trio, who were so amazed by his crooning that they asked him to continue singing with them in various clubs that night all over Florence.

Paul was blessed to be home on Sanibel for Thanksgiving where family members gathered and he enjoyed his other great joy in life – being with his treasured loved ones including his "guardian angel" Liliana.

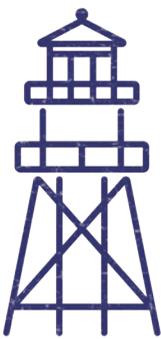
On Thursday, January 31, there will be a memorial mass at 11 a.m. at St. Isabel Catholic Church on Sanibel-Captiva Road followed by a luncheon at the parish hall and a musical tribute. Musicians are welcome to come and jam in a celebration of his musical life.\*

## National School Choice Week

National School Choice Week from January 20 to 26 will raise awareness among parents about the K-12 education options available to their children, including traditional public schools, public charter schools, public magnet schools, private schools, online learning and homeschooling.

There will be 40,594 independently planned activities taking place around the country. Schools, organizations and individuals all participate in National School Choice Week to celebrate opportunity in education and shine a positive spotlight on great schools.

For more information, visit [www.schoolchoiceweek.com/multimedia](http://www.schoolchoiceweek.com/multimedia).\*



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The Captiva Island Historical Society & the Sanibel Historical Museum and Village Present

# Be Our Guest

## The History of Lodging on Sanibel & Captiva

In the second collaboration between the Captiva Island Historical Society and Sanibel Historical Museum & Village, this full-length documentary takes a closer look at historic accommodations; from rooming home to resorts.



### Wednesday, January 30, 2019

5:30-6:00pm Complimentary Refreshments, Cash Bar

6:00pm Program

Sanibel Community House, 2173 Periwinkle Way, Sanibel Island

**Limited seating. Reservations recommended!**

**Ticket price: \$10**



**Captiva Island**  
HISTORICAL SOCIETY



**RESERVE NOW!**

For tickets call: Emilie Alfino at  
239-472-4648,

Or email: [info@sanibelmuseum.org](mailto:info@sanibelmuseum.org)

# Jewelry Store Expansion Approved

by Jeff Lysiak

A conditional use permit application to expand Congress Jewelers' retail space within the Periwinkle Place Shopping Center to approximately 4,000 square feet – a 25 percent increase – was unanimously approved during the Sanibel Planning Commission meeting held on Tuesday morning at MacKenzie Hall.

In 2007, the city's Land Development Code was amended to require conditional use review and approval of all retail units greater than 2,000 square feet, or the consolidation of multiple units into a single space larger than 2,000 square feet. Currently, Congress Jewelers occupies three spaces – Units 34, 35 and 36 – within Periwinkle Place, which combine to create approximately 3,000 total square feet. An empty adjacent space – Unit 37 – comprises approximately 1,000 square feet.

During the public hearing, planning supervisor Roy Gibson presented the city's staff report. Scot Congress, business owner and applicant, and Periwinkle Place property manager Dan Higgins, testified on behalf of the conditional use application.

"This application for conditional use approval is necessitated by the proposed expansion of the existing Congress Jewelers store, which now contains 3,000 square feet of retail space into the adjoining vacant retail space formerly occupied by FantaSea giftwares, which adjoining store contains 1,000 square feet," the application reads, in part. "Congress Jewelers wishes to expand to offer additional and more diverse products to its customers. If approved, the expansion will consist of either a dedicated Roberto Coin boutique, which is a high-end, Italian-made jewelry line, or another high-end dedicated jewelry line."

Following the presentation of the staff report, Commissioner Karen Storjohann asked Gibson how many empty retail spaces were currently available on the island. Fellow Commissioner Chuck Kettelman inquired if the local fire marshal



Congress Jewelers location at Periwinkle Place, with the former FantaSea space at left

photo by Jeff Lysiak

has signed off on the wall from the adjacent space being removed to combine all four units. While Gibson did not have a total number of spaces available, he did note that once the building permit has been issued, the fire marshal will be contacted.

Additionally, Congress explained that he has signed a 10-year lease with the shopping center's management pending approval of the proposed expansion plans.

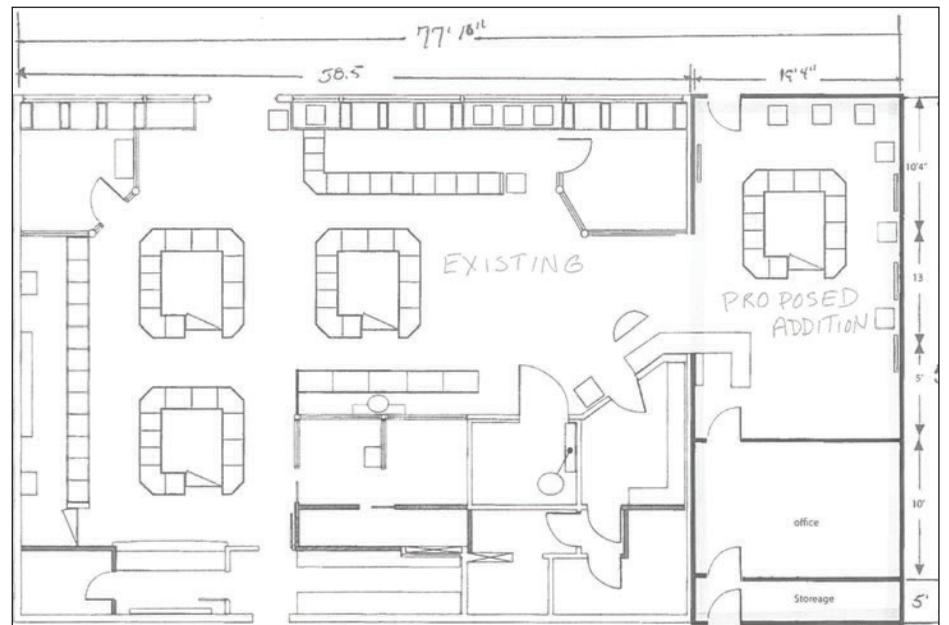
Later, Kettelman made a motion to approve the conditional use permit, which was seconded by Commissioner Roger Grogman and passed unanimously, 6 to 0.

### Ten Apply For Commission Seats

During her remarks at the start of the meeting, City Councilwoman Holly Smith noted that at the January 15 council session, two new members of the planning commission will be appointed from among 10 island residents that submitted applications.

In addition to current Commissioner Roger Grogman, who has officially requested to be reappointed to a full three-year term, applicants include James Bajek, Robyn Cook, Joseph Galluzzo, Michael Hullahan, Grant Kaminer, Paul Nichols, Eric Pfeifer, Carmine Rende and Tom Rothman.

During the January 22 planning



Proposed layout of the expanded Congress Jewelers location at Periwinkle Place

image provided

commission meeting, the seven-member panel will also be required to elect a new chair and vice chair. Longtime chairman Dr. Phillip Marks resigned last month following nearly 13 years on the commission, while Tuesday was vice chair Dirk deWerff's final meeting.

"You will be missed greatly and we

appreciate everything you have done for this community," said Smith, who also presented deWerff with a framed certificate of appreciation.

"It's been an honor and a privilege to serve on the planning commission," added deWerff, who was appointed to the commission in 2017.\*

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NEWSPAPER  
Sanibel & Captiva Islands

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Ann Ziehl, Manager  
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### Contributing Writers

- |                       |                       |
|-----------------------|-----------------------|
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# Life Enrichment Series

# New Opportunities at Shell Point

The public is invited and many of these events are **FREE!**

Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events and more!

January  
2019

explore play imagine laugh learn inspire

## Learn More About Shell Point

**FREE**



January 22, 23, 29 & 30 at 9:30 a.m.

Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. Admission to the presentation and tour is free; however, reservations are required by calling (239) 466-1131.

**FREE**

January 22 at 7 p.m.

## Medical Breakthroughs & Discoveries Series: Clinical Applications of Regenerative Medicine

Shell Point's Medical Breakthroughs and Discoveries Series kicks off in 2019 with a presentation by Dr. Shane Shapiro, medical director of the regenerative medicine therapeutics program at the Mayo Clinic Center for Regenerative Medicine. Dr. Shapiro will describe regenerative medicine applications and also debunk misleading information accompanying such treatments. Registration is required for this free community healthcare presentation at (239) 433-7936; light refreshments will follow.

January 24 at 7 p.m.

## Concerts & Conversations Series Peter Fancovic

Slovakia-born Peter Fancovic began at an early age as a soloist with the Conservatory's Symphonic Orchestra and Bratislava Chamber Orchestra, winning first prize in the National Conservatory Competition. He received his master's degree in piano performance at Manhattan School of Music in New York City. Individual tickets cost \$30 and may be purchased by calling the box office at (239) 454-2067, or online at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts).



January 28 at 2 p.m.

## Medical Breakthroughs & Discoveries Series: Advances in Alzheimer's Disease

**FREE**

Shell Point's Medical Breakthroughs and Discoveries Series continues with a presentation by Dr. Amanda Smith, director of clinical research at the Byrd Alzheimer's Center and Research Institute at the University of South Florida Health. Dr. Smith will discuss Alzheimer's and dementias, cover treatment and strategies, review the status of current research and more. Registration is required for this free community healthcare presentation at (239) 433-7936; light refreshments will follow.



January 14 at 4:30 to 6 p.m.

## Athens: Mother of Democracy, Its History and The Parthenon

The Academy of Lifelong Learning is excited to welcome Professor Adrian Kerr for an exploration of one of the world's oldest cities, Athens. He will discuss the rise of the Ancient Greek city, its cultural achievements and Athens' long demise under the Ottoman Empire. Tickets for this class cost \$10,\* and may be purchased by calling (239) 489-8472.

January 15 at 7 p.m.

## Performing Arts Series Memphis Motown Soul Experience

Groove to the sounds and moves of a musical era full of pioneering artists, classic songs, smooth choreography and exciting stage shows. The Memphis Motown Soul Experience is an ensemble of today's most talented artists recreating indelible, soulful hits by The Temptations, The Supremes, Etta James, The Four Tops, Smokey Robinson and other musical forces who helped to reframe American culture. Individual tickets cost \$40 and may be purchased by calling the box office at (239) 454-2067, or online at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts).



January 21 & 28 at 4:30 to 6 p.m.



## Legendary Places – The Bucket List

Travel with Professor Adrian Kerr as he takes you along a legendary journey of some of the world's most historical and breathtaking places. He will briefly visit twenty places including the Great Pyramid, Stonehenge, Taj Mahal and Venice. Tickets for this class cost \$10,\* and may be purchased by calling (239) 489-8472.

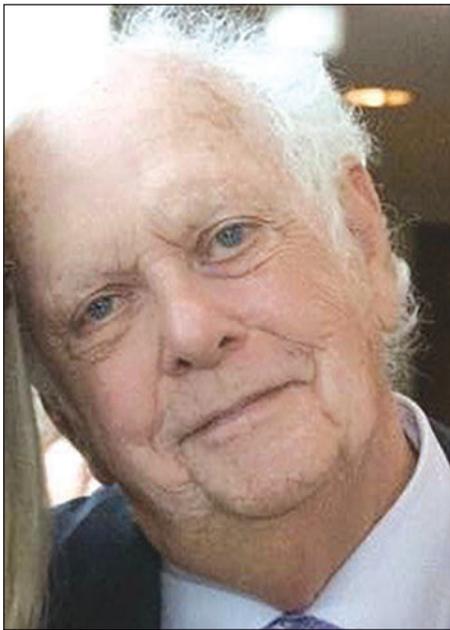
\*If you are unable to attend a class that includes a fee, kindly give 24 hours' notice to receive a refund.

SHELL POINT  
RETIREMENT COMMUNITY

Visit [www.shellpoint.org/events](http://www.shellpoint.org/events)  
for full descriptions of upcoming events!

Shell Point Retirement Community is located in Fort Myers, 2 miles before the Sanibel Causeway.  
A nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc.

## OBITUARY



## WARREN A. SCHWAB

Warren Arthur Schwab was born in Quincy, Massachusetts on November 8, 1930 to George and Lida May Schwab and passed away peacefully on January 1, 2019 with family by his side. He is survived by his loving wife Jodi Cort, his son and daughter in law, Stephen and Tara Schwab, two daughters, Jocelyn Settle and Amy Puryear, eight grandchildren (Matthew, Stephanie, Rebekah, Felicity, Mira, Willoughby, Stella and Art) and

five great grandchildren (Violet, Ethan, Emmie, Kellan and Brendan) who knew him as "Papa," as well as numerous nieces and nephews who knew him as "unc" and the patriarch of the family. He was predeceased by his sisters Mabel and Marion, his brother George, his first wife Dorothy and his son David.

He was an undergraduate at Northeastern University and received his master's degree at Boston University. He served in the Air Force and was stationed in Germany during the Korean War.

Warren was a man of many interests and passions. He was a benefit auctioneer, and a collector of coins, antiques and Harry Potter memorabilia. He loved playing tennis and being with his family and friends. Warren's first loves were his wife Jodi, his family, his dog Lucky, and his beloved Learning Center for the Deaf.

From his niece Linda:

"My mother used to tell me a story about Warren growing up. I guess he was a bit of a mischief maker in school (what a surprise), and a teacher once told Nanny and Pa that he would either drop out of school and be a derelict, or be a great man who did wonderful things if he found his purpose in life. ...I guess he found it."

Inspired by his son, David, Warren founded The Learning Center for the Deaf in 1970, the first school in Massachusetts to allow children to use sign language. The school began with little money and few students, but with a vision of the quality education deaf

children deserved. The Learning Center has grown to be nationally recognized and is the largest school for the deaf in New England. He was known in the deaf community as a great visionary and admired by the way he carried out his vision, with determination and his fun-loving nature. Warren's legacy – his values and what he stood for, his hard work in making his vision a reality – lives on through all the students, staff and families who were fortunate to know him and work with him on this dream. While The Learning Center lives on, his passing marks the end of an era and personal loss for many.

Warren retired and moved to Sanibel Island, Florida with his wife Jodi in 1999. He volunteered at the JN "Ding" Darling National Wildlife Refuge, Sanibel-Captiva Conservation Foundation (SCCF) and HealthPark

hospital. He organized the SCCF tennis tournament for 10 years, and was an auctioneer extraordinaire for many benefit auctions. He was also very involved in the men's tennis community at The Dunes.

He was greatly loved and will be dearly missed by all who knew him. Even the nurses in his last days fell in love with his baby blue eyes, his jovial spirit and his fun-loving nature.

Arrangements are being made for a celebration of Warren's life, both in Sanibel and in Massachusetts in the months to come.

In lieu of flowers, please consider a donation to either The Learning Center for the Deaf (848 Central Street, Framingham, MA 01707) or Sanibel-Captiva Conservation Foundation (3333 Sanibel-Captiva Rd., Sanibel, FL 33957).✽

From page 1

## Historical Society

which looks at Florida businessman James Newton and his relationship with five key historic figures: Thomas A. Edison, Henry Ford, Charles Lindbergh, Harvey Firestone and Alexis Carrel. Doors open at 5:30 p.m. and complimentary refreshments will be served. A cash bar will also be available. The program will start at 6 p.m.

While admission is free, only limited seating will be available. To reserve seats, visit [www.eventbrite.com/e/an-uncommon-evening-tickets-49393956654](http://www.eventbrite.com/e/an-uncommon-evening-tickets-49393956654) or call 472-2323.

On Monday, March 18, the Captiva History Game Show – dubbed What Do You Know II – returns to the Captiva Civic Center, located at 11550 Chapin Lane on Captiva. This all-new version of the popular Jeopardy-style quiz show will feature new questions, surprising facts and plenty of side-splitting fun. Three teams will compete against each other for prizes and bragging rights. Doors open at 5:30 p.m. and

complimentary refreshments will be served. A cash bar will also be available. The game show will start at 6 p.m.

Admission is free, but only limited seating will be available. To reserve seats, visit [www.eventbrite.com/e/what-do-you-know-ii-tickets-49397698847](http://www.eventbrite.com/e/what-do-you-know-ii-tickets-49397698847) or call 472-2323.

Finally, on Monday, April 8, the Captiva premiere of the documentary *Be Our Guest: The History of Lodging on Sanibel & Captiva* will take place at the Captiva Civic Center, located at 11550 Chapin Lane. Doors open at 5:30 p.m. and complimentary refreshments will be served. A cash bar will also be available. The screening will start at 6 p.m.

Admission is free, but only limited seating will be available. To reserve seats, visit [www.eventbrite.com/e/ding-darling-slept-here-tickets-49400276557](http://www.eventbrite.com/e/ding-darling-slept-here-tickets-49400276557) or call 472-2323.

Sponsorship of the CIHS 2018-19 season schedule is generously provided by The Sanibel Captiva Trust Company. For more information, visit [www.captivaislandhistoricalsociety.org](http://www.captivaislandhistoricalsociety.org).✽

## The Community House presents the third of its COMMUNITY INTERESTS SERIES

Monday, January 21 from 7 to 8:15 p.m.

### The Birds and Bees part TWO Bees "ESSENTIAL" to our way of life

Presented by Marisol Mata

Marisol Mata was born and raised in Tucuman, Argentina. She holds a degree in biological sciences in her native country and a Master of Science degree from North Carolina State University.

Marisol has traveled to the four corners of the world carrying her critical message:

**GIVE BEES A FIGHTING CHANCE IN OUR  
EVER-CHANGING ECOSYSTEM**

An INTERESTING and THOUGHT-PROVOKING presentation  
Bring YOUR questions - This is the place for answers!

\$5 donation suggested

**The Community House**

SANIBEL COMMUNITY ASSOCIATION

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## Community House

### Yoga Classes

Yoga classes with Susan Pataky are held on Tuesdays and Thursdays. The first class, for all levels, begins at 10 a.m.; Chi yoga follows at 11:15 a.m. Cost is \$18 for members and \$20 for guests.

### Civil Rights Exhibit

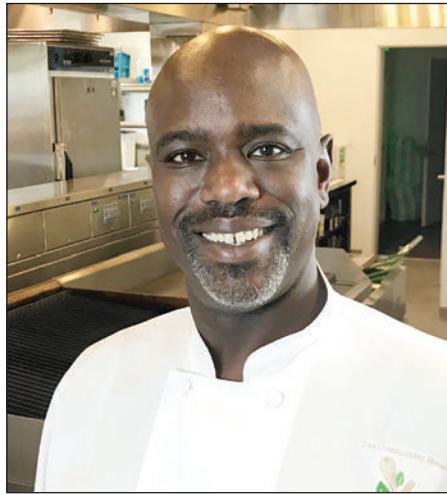
The Civil Rights in the Sunshine State exhibit is on display through February 11. Pictures, narratives and videos highlight the significant contributions Floridians made to the civil rights movement.

### Shredding Day

A community shredding event will be held on Saturday, January 12 from 9 a.m. to noon. Cost is \$5 per bag or box.

### Dine And Design Workshops

The first Dine and Design workshop will be held on Monday, January 14 from noon to 2 p.m. Executive Chef Jarred will prepare lunch, which will be followed by a design workshop directed by the Sanibel team of Decorating Den Interiors. There will be door prizes, studio displays and samples. The workshop topic will be High Point Review – Explore Home Furnishings Trends. Bring a photo of your design challenge and the team will offer creative solutions following each workshop. Prepaid reservations of \$30 can be made online. Additional workshops will be held on February 18, March 18 and April 15.



**Chef Jarred Harris** photo provided

### Duplicate Bridge

Play sanctioned duplicate bridge with the Willoughbys on Tuesday, January 15 at 12:30 p.m.

### Joyful Living

A free introductory workshop, Joyful Living with Jenny Li Ciccone, will be held on Tuesday, January 15. Additional workshops are \$30 for members and \$35 for guests and will be held on January 22 and 29, and February 5, 12 and 19. Register online.

### Cooking Demonstration

There will be a cooking demonstration with Executive Chef Jarred Harris on Wednesday, January 16 and Monday, January 21 from 4 to 6 p.m. Learn how to prepare vegetarian delights. Cost is \$35 for members and \$50 for guests.

### Presentation On Bees

The next program in the Community Interest Series will be held on Monday, January 21 from 7 to 8:15 p.m. Marisol Mata will discuss how bees are essential to our way of life as she shares the need to give bees a fighting chance in our ever-changing ecosystem. A \$5 donation is suggested.

### Honoring Black History

African Roots of Southern Cooking will be held on Wednesday, January 23 at 6:30 p.m. with Dr. Martha Bireda, executive director of the Blanchard House Museum in Punta Gorda, in conjunction with Executive Chef Jarred Harris.

On February 4 at 6:30 p.m., Dr. Anthony Dixon, professor and university archivist at Bethune-Cookman College, will deliver a lecture on Dr. Martin Luther King, Jr. and the civil rights movement. He will be joined by Rev. Dr. John H. Danner, senior pastor of Sanibel Congregational United Church of Christ. Rev. Danner will speak about his perspective on what it means to be an ally in the struggle for civil rights.

### Gala Fundraiser

The Sanibel Community Association will host its 1927 gala, A Night to Remember, on Friday, January 25 beginning at 6 p.m. It will be a red carpet event with fine dining in The Community House that family, friends and neighbors built nearly a century ago. Sponsorships are available and begin at \$1,000.

### Bourbon Dinner

Loretta and Emil Paganini will host the Raw and Finished Bourbon Dinner on Saturday, January 26 from 6 to 8 p.m. Cost is \$125 per person.

### Kids Cooking First Mondays

The next kids cooking class will be held on February 4. Classes are held on the first Monday of the month from 2:30 to 5:30 p.m. Additional dates are March 1, April 1 and May 6. Young chefs will learn fundamental nutritional cooking skills, basic kitchen awareness and food preparation. Students will explore different cultures using nutritious whole foods. Cost is \$50 per session or \$175 for four classes when paid in advance. Register online. Scholarships are available thanks to the Rotary and Kiwanis clubs, as well as private individuals. To help provide scholarships, call 472-2155.

### Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

### Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Executive Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*

**San Cap  
Art League's  
2nd Saturday**

**ART SHOW  
AND SALE**

**On the  
Verandah  
at Bailey's  
Center  
Saturday,  
January 12  
10 am to 3 pm**

**Meet the artists and enjoy  
their many styles of artwork**



**Faith Alive!  
Awaken Your Soul**

**Wednesday Nights 7:00 PM - 8:30 PM  
Parish Center • Dr. Sue Ellen Nolan**

**January 9th:** Ask a Theologian; Questions on our Faith

**January 30th:** Who is Jesus in Our Catholic Faith?

**February 6th:** Relativism: Non-Confrontation Gone Amok

**February 27th:** Confrontation, Confidence, & Confession

**Ash Wed: March 6th:** The Truth of Love Through the Truth of Suffering

**March 13th:** Jesus as Spouse, God as Father; You Are Who You Hang With

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Sanibel, FL 33957  
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**(239) 472-2763**



## Polar Bear Plunge Tradition Continues

### What's Happening At The House

**MONDAYS**

10 am Shell Craft Lesson

**TUESDAY & THURSDAYS**

10 AM / 11:15 AM

Yoga Members \$18/\$20 drop in

**SAT. JAN. 12, 9 - NOON**

Community Shredding 9 - Noon  
\$5/bag North Lot

**MON., JAN. 14, NOON**

Dine and Design Workshop \$30

**TUES. JAN. 15**

Joyful Living w/Jenny

**TUES., JAN. 15, 12:30 PM**

Sanctioned Duplicate Bridge  
Tuesday & Thursday

**WED. JAN. 21, 4-6 PM**

Cooking Demo w/Chef Jarred

**WED. JAN. 21, 7 PM**

"Bees Essential" Speaker

**JAN. 2 - FEB. 8 - FREE**

Civil Rights In the Sunshine State Exhibit

**FRI., JAN. 18 & SAT., JAN. 19**

9 AM - 4 PM

SCA Art Festival

**JAN. 23, 6:30 PM**

Speaker: African Cooking

**FRI., JAN. 25 "GALA" 6 PM**

\$150/ticket

**SAT., JAN. 26, 6 PM**

Paganini Bourbon Dinner

**SUN., JAN. 27, 1 PM**

SCA Historical Documentary • Donation

**TUES., JAN 29, 7 PM**

Sultans of String \$35

**Tickets online:**

[www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net)

Feb. 5 Members Only Dance

Feb. 22 11:30 am Fashions of Periwinkle Place

Local Honey & Product For Sale

**For Full Schedule of ALL**

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[www.SanibelCommunityHouse.net](http://www.SanibelCommunityHouse.net)



The Community House

SANIBEL COMMUNITY ASSOCIATION

(239) 472-2155

email [info@sanibelcommunityhouse.net](mailto:info@sanibelcommunityhouse.net)

2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational, cultural and social gatherings in our historic Community House."

The SCA is a 501c3 Organization.

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From left, Don Wilson, Charlie Good, Caroline Good, Katie Good, Jack Good, Elise Wilson, Mark Wilson and Lilbet Wrenwood

photo courtesy Mark Wilson

by Jeff Lysiak

**P**olar bears from across North America – and points beyond – descended upon Tarpon Bay Beach on Sanibel, which has hosted the New Year's Day Polar Bear Plunge every year since 2001.

"Despite low turnout, the polar bear plunge at Tarpon Bay Beach saw sunny skies and a robust singing of the Polar

Bear Anthem," said Mark Wilson of Cincinnati, Ohio, a plunge participant for the past six years.

Prior to last week's traditional plunge, the founder of the event – John "Papa Bear" Carney – had announced that the 2019 event would refrain from having cubbies, juveniles and adult polar bears enter the Gulf of Mexico waters due to impaired conditions (i.e. red tide and blue-green algae) that had been

reported recently. Despite the warning, more than half of the reported 100 participants went swimming during this year's gathering.

The enthusiastic contingent of polar bears also sipped Champagne from Carney's giant glass, had their pictures taken in the infamous shell pith helmet and engaged in story-telling about their heroic past experiences.\*

### Tickets On Sale For CHR Mardi Gras Fundraiser

**T**ickets are now on sale for the Community Housing and Resources (CHR) 7th annual Mardi Gras fund-raiser, taking place on Saturday, February 9. The event offers a fun evening of New Orleans-style food and entertainment while raising funds to support CHR's mission of providing affordable housing on Sanibel for the islands' workforce, families, seniors and disabled residents.

"Our Mardi Gras party has earned the reputation of being one of the most fun and highly anticipated events of the season," said Melissa Rice, CHR executive director. "With the help of our enthusiastic board of directors and many community supporters, we have a few surprises in store this year, which are sure to make February's event the best ever."

There will be a beer and wine bar, and a signature bourbon tasting lounge, live music by the Porch Dogs, and dancing, as well as other Mardi Gras-themed festivities, including a tarot card reader, fortune teller, palm reader and games of chance, including blackjack, roulette, craps and poker.

There are more prizes than ever before, and a grand prize trip package to visit Bourbon Street and The Big Easy.

In addition, guests will once again have the opportunity to further support CHR with Give To Give opportunities at the Homes of Love area, where cabinetry, appliances and other items can be purchased to help CHR with critical renovations needed for its 74 rental properties.

Tickets are \$150 each and can be purchased at Bailey's General Store, located at 2477 Periwinkle Way on Sanibel, online at [www.SanibelCHR.org/MardiGras](http://www.SanibelCHR.org/MardiGras) or by contacting [info@SanibelCHR.org](mailto:info@SanibelCHR.org).\*

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Bailey's Center

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- Cedar Chest Fine Jewelry
- Cheeburger Cheeburger 🍴
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- Pandora's Box
- Pandora's Box Too
- Paper Fig Kitchen 🍴
- Royal Shell Real Estate
- Royal Shell Vacations
- Sailor's Toy Shoppe
- Sanibel Cafe 🍴
- Sanibel Resort Wear
- Sanibel Sole
- Shiny Objects
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- t2 Traders 🍴
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- Why Knot

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- Amy's Something Special
- Island Paws
- jb designs
- On Island
- Over Easy Cafe 🍴
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*The*  
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*Town*  
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*Olde*  
**SANIBEL SHOPPES**  
630 Tarpon Bay Road



For individual shop information:

[www.ShopOnSanibel.com](http://www.ShopOnSanibel.com)





Orchids grow well in Southwest Florida landscapes as shown here at Naples Botanical Gardens photo provided

## Sanibel Captiva Orchid Society Meeting

Orchids in the Landscape will be the topic of the Monday, January 21 meeting of the Sanibel Captiva Orchid Society. The program will be presented by Michael Coronado of RF Orchids in Homestead. The meeting will begin at 1:30 p.m. at The Community House, located at 2173 Periwinkle Way. Orchid enthusiasts are encouraged

to come to the Fundamentals Session at 1 p.m. to hear Gary Murza speak on Insecticides: Why, When and How. Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during show and tell. Society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Orchids are for sale at most meetings as well as an orchid raffle. Annual membership is \$25 for an individual or \$45 for couples; guests are \$5 per meeting. For more information, visit [www.sancaporchid.org](http://www.sancaporchid.org).

## Audubon Bailey Tract Bird Walk

The next bird walk offered by the Sanibel-Captiva Audubon Society will be held on Saturday, January 12 at the Bailey Tract beginning at 8 a.m. Participants will meet at the back entrance of the Bailey Tract on Island Inn Road; free parking is available. These bird walks are open to the public and all levels of experience. Donations are appreciated. For more information, visit [www.san-capaudubon.org](http://www.san-capaudubon.org).



Northern cardinal photo by France Paulsen

## Paddling Resolutions

by Kealy McNeal

As we reflect on the ups and downs of 2018, we are also thinking ahead to the new year. Here are our paddling resolutions for 2019. We invite you to join us as we make them a reality:



Try a new discipline. One thing we love about paddling is the variety of options. This year, learn how to incorporate fishing, surfing or yoga into your paddling routine. Or get competitive and sign up for a race!

Go on an adventure. It can be big or small. A 15-mile day trip on your local body of water could be enough for you, or maybe you would like to plan your first overnight paddling trip. The options are endless, and the goal is to move out of your comfort zone.

Try a new mode of paddling. Yes, paddling vessels can be expensive, but adding a board or boat to your quiver is one of the best ways to jump-start your paddling life. It will get you out on the water more, make your sessions more fun, and give you an opportunity to learn new skills and techniques.

Teach a friend to paddle. Bring a friend with you to experience the beauty of paddling for the first time. They will thank you, we promise.

Travel to paddle. This could be a quick weekend drive to a river or coastline you

haven't explored yet, or an international trip. There's nothing like exploring a new place from the comfort of your stand up paddleboard or kayak.

And remember, Ocean Tribe Outfitters is always here to help you on your paddling journey. Stop in to talk to us about great paddling destinations and gear, if you'd like.

Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit [www.oceantribepaddlers.org](http://www.oceantribepaddlers.org) or follow on Facebook to learn more.

## Shell Club To Meet Sunday

The next meeting of the Sanibel-Captiva Shell Club will take place on Sunday, January 13 at 1:45 p.m. The meeting will begin with an auction of high-quality sea shells; bring your cash or check. The featured speaker will be Bob Wasno from the Florida Gulf Coast University Vester Field Station. Wasno will illustrate how broken hockey sticks and reducing water pollution, which may seem unrelated, have been combined to clean up coastal waterways by creating artificial oyster reefs through a collaborative program (Rink2Reef) between FGCU's hockey team and the NHL's Green Initiative Program.

The meeting will be held at The Community House, located at 2173 Periwinkle Way on Sanibel. Refreshments will be served and door prizes awarded. The meeting is free and open to the public.

## Sanibel Premiere History Movie Night

A double-feature of the Captiva Island Historical Society's "Captiva Memories" documentary series: "Artists & Authors" and "South Seas: Captiva's Enduring Paradise."



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Wednesday, January 16, 2019

Location: Sanibel Community House, 2173 Periwinkle Way, Sanibel  
5:30-6:00pm Complimentary Refreshments, Cash Bar  
6:00pm Program



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**Bougainvillea's inconspicuous white flowers lie within the colorful bracts**  
photos by Gerri Reaves

**Peace lily's large hood-like flower petal is actually a spathe, a kind of bract that sheaths the inflorescence of tiny greenish white flowers**

**Horsemint's dome of flowers is surrounded by downward-curving lavender bracts**

**Spikelets of inconspicuous flowers lie at the center of whitetop sedge's green-tipped drooping floral bracts**

**Plant Smart**

## Flower Within A Flower

by Gerri Reaves

**D**id you know that when you appreciate the vivid color of a holiday poinsettia or a cascade of bougainvillea blossoms, you are admiring the plant's bracts, not its flowers?

Several features make it easy to assume bracts are petals.

Bracts are modified leaves or leaf-like

structures usually located at the base of a flower or inflorescence. They subtend and surround the true flowers in a flower-like way.

Bracts are often larger and more colorful than the flowers themselves, thus drawing our visual attention from the less conspicuous flowers.

Some species have evolved colorful bracts to enhance pollination. The four plants pictured above are often recognized by their bracts. See if you can identify them. Two are common non-native ornamentals and two are native plants.

One of the most popular non-native Florida-friendly plants is bougainvillea (*Bougainvillea spectabilis* and *Bougainvillea glabra*).

It comes in a broad range of colors – fuchsia, coral, yellow, pink, greenish white or deep purple, as seen here.

But those papery flowers are in fact bracts.

Bougainvillea's real flowers are tiny white tube-shaped structures at the center of the bracts. The plant's daunting thorns make it a good security plant and nesting place for birds, but native pollinators attracted to the colorful bracts will be disappointed by the flowers.

That large white hood-like "petal" isn't a flower at all. It's the spathe, a type of bract that sheaths the spadix, or inflorescence, of non-native peace lily (*Spathiphyllum*).

That overly large bract gives it another name, white sails.

The actual tiny flowers on the greenish white spadix resemble very small bumps more than flowers.

Native horsemint's (*Monarda punctata*) layers of soft lavender and yellow downward-curving petals are really bracts surrounding the true flowers.

The whorl of tubular flowers is dome-shaped at the center. Flowers have five pink or purple-spotted petals, a characteristic gives it the alternate name, spotted beebalm.

The flowers bloom in a stack on long stalks and attract hummingbirds and butterflies.

Those long narrow white leaves that look as if they've been dipped in green paint are the bracts of native whitetop sedge (*Rhynchospora colorata*).

The aquatic wildflower is also called painted sedge for obvious reasons.

Three to seven bracts at the base of a flower cluster form what appears to be a long drooping star-like flower.

However, the true minute white or yellowish flowers occur in a florescence of cone-shaped spikelets, or scales.

The pointed tapered bracts appear singly on long stems, creating a pretty sea of green-tipped "flowers" that tend to grow in wet areas.

The next time you encounter one of these species with the false-flower effect, take the time to appreciate the wonder and function of bracts, the "other" flowers.

*Plant Smart explores the diverse flora of South Florida.\**

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## Winter After School Programs At Sea School

**B**eginning January 15, Sanibel Sea School will offer a new, four-week season of After School Science centered on plate tectonics. Participants ages 6 to 13 will meet on Tuesday afternoons from 3:30 to 5:30 p.m. to discover through hands-on activities how our planet's layers interact with one another to create natural structures and seismic events.

"We're going to build volcanoes and geysers, and make our own earthquakes," said educator Johnny Rader. "Most people don't realize how constantly and dramatically the landscape of our planet changes, but it's happening all the time. I can't wait to explore the topic with our students."

Sessions will be offered on Tuesdays, January 15, 22 and 29, and February 5, and the cost is \$20 per student per session. Register online at [www.sanibelseaschool.org/afterschool.\\*](http://www.sanibelseaschool.org/afterschool.*)

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Shell Of The Week

# Crested Oyster



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

**O**strea stentina Payraudeau, 1826 (family Ostreidae) is a 40 mm (about 1.5

inch), rarely 50 mm (about 2 inches), oyster that may be found on Southwest Florida beaches. The shell outline consists of variations of oval shapes, and the shell edge is often crenulated, or crimped. Its color is variable, sometimes grayish, often with tinges of brown. Unlike the edible, commercial Eastern Oyster, *Crassostrea virginica*, which may form large clusters with thousands of individuals, the Crested Oyster is solitary or may gather forming only small groups. Learn more about this species and other local mollusks at [www.shellmuseum.org/southwest-florida-shells](http://www.shellmuseum.org/southwest-florida-shells) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

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The Crested Oyster, *Ostrea stentina*, from Sanibel

photo by José H. Leal

inspire you. Visit [www.shellmuseum.org](http://www.shellmuseum.org) or call 395-2233.

The Bailey-Matthews National Shell

Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

# Shell Found



Caroline Schaupp photo provided

Caroline Schaupp, a student at St. Louis University, found a junonia just south of the main South Seas Island Resort Sunset Beach on the morning of December 22.

"I was walking the beach with my mom and it rolled up right in front of me," she said.

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# Record Crowd Turns Out For Opening Receptions At BIG ARTS



Audrey Chiaradio won first place for her piece *Changing Sky* in the Sanibel-Captiva Art League 43rd Annual Juried All Members Show, which opened with an artists reception at BIG ARTS on January 4, along with Mary Sullivan Voytek's exhibit *Déjà Vu*. Both exhibits will be on view through January 27 in Phillips and Founders galleries. photos provided



Mary Sullivan Voytek with her piece *Venus of Willendorf*



Second place winner Peter Zell with his piece *Florida Farm*



Merit award winner Marcy Calkins with her piece *Chicago Theatre*



Merit award winner Jean Eaton with her piece *Yesterday's C Store*



Third place winner Marion Hall with her piece *Winter Walk*



Merit award winner Rita Mach Skoczen with her piece *Dahomy Dancer*

## Audubon Lecture On Wood Warblers



Male Cape May Warbler

(c) Copyright 2018 William E. Heyd

### Male Cape May warbler

photos by William E. Heyd

Sanibel-Captiva Audubon's own photographer and scientist, Bill Heyd, returns to present his program Images to Inspire: Wonderful Wood Warblers at The Community House, located at 2173 Periwinkle Way, on Thursday, January 17 starting at 7:30 p.m. Heyd uses his proprietary photographs and related scientific research to delve into the intimate activities of these unique avian species.

Heyd will bring wood warblers to life in pictures and words. These are especially colorful birds, particularly during migration and breeding in spring and summer. Small in size, they move quickly while foraging in leafy trees or on the ground for caterpillars and insects. There are 51 species of warblers commonly seen in the United States and Canada. Some of the best viewing during spring migration is in hot-spots where large numbers may briefly congregate such as Magee Marsh on the southern shore of Lake Erie. For about the last 10 years, Heyd has made his own annual migration to Magee every May. Identification of warblers can be by appearance and, for males, by their vocalizations. Through his pictures, you can see that males and females of some species have somewhat similar plumage, while in others, it is quite different.

Photographing warblers presents its share of challenges. They move quickly and can prove hard to find in the camera view finder, darting from sunlight to shade which require quite different exposures.

With a PhD in organic chemistry, Heyd spent 30 years with Upjohn and successor companies as a medicinal chemist, patent scientist, research contracts scientist, technology licensing evaluator and administrator in central nervous system disease research. He retired from Pfizer in 2003, and in 2009, after several more years consulting, Heyd decided to fully focus his talents and enthusiasm on wildlife, nature and photography. One of his earliest

Male Bay-breasted Warbler  
(C) Copyright 2018 William E. Heyd

### Male bay-breasted warbler

memories was when his dad opened his Kodak camera, extended the bellows, set the self-timer and dashed toward the family so that he could be in the picture.

In his work today, Heyd uses a Canon EOS1DX SLR, which can take up to 12 focused images per second. He also prepares for wildlife photography by learning the subjects' potential behaviors and utilizing what he calls the three P's - "Be prepared, be patient and be persistent."

This is the third of nine Sanibel-Captiva Audubon lectures to be held in 2019 on Thursday evenings at The Community House. As always, all are welcome to attend. Doors open at 6:30 p.m. and parking is available at The Community House and across the street in the Herb Strauss Theater parking area. A \$10 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For more information, call Bill Jacobson at 395-1878 or visit [www.san-capaudubon.org](http://www.san-capaudubon.org).



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# Sheepshead Action Not Fazed By Wind Or Fog



by Capt. Matt Mitchell

**F**ast-changing conditions require changing the game plan no matter how well it's worked in the previous few days. Dense fog and strong winds were just a few of the

hourly changes that anglers experienced this week. One thing that did remain consistent though was the sheepshead bite. Catching sheepshead and rat redfish was great action during the 80-degree days. It just somehow did not feel right.

Like most anglers and fellow guides, I have been trying to locate shiners without success. Now that our water temperature has crept back into the mid 70s, a live well full of shiners would basically guarantee an awesome day of snook fishing. Unlike in years past, our shiners have just not returned as they usually do with warming water temperatures. Looking for shiners has been frustrating to say the least. Luckily, we are catching lots of fish on shrimp though they are not the species that I would prefer to be targeting.

The average size of our sheepshead increased this week though the number of fish per trip seemed to go down.

Most days out, we finished the day with between five to 10 sheepshead in the box, ranging in size from 14 to 18 inches. Dock fishing anywhere around the passes proved to be the best action. Along with the sheepshead, I'm also catching lots of smaller redfish in the same places.

Teaching clients to sheepshead fish is a little more difficult than fishing for most species just because of the way they nibble a bait and never really completely take it. Most of the sheepshead fishing I do is generally around structure – mostly dock pilings and mangroves. To get a bite often requires landing the bait close to the piling so it can sink and be around the base. A few feet can make all the difference in catching a fish or never even getting a bite.

A casting technique that works really well for a close accurate presentation is what I call the pendulum cast. With a chunk of shrimp on a jig head, I line up with the target and swing it back and forth until releasing the line from my finger. This is a straight cast which is basically like flipping for bass. With my left hand, I control the distance of the cast by feathering or grabbing the line when it reaches the target. This is a low-controlled cast that will keep you from hanging it on the dock and also, when the bait hits the water, it sinks straight down the piling.

Once the sheepshead start to nibble the bait, it's time to be patient and delicately lift the rod tip using only your wrists. If you feel the rod tip bend and the fish on the hook, give it a solid pop to set the hook. Once on, pop it one more time to make sure the hook is in these hard-mouthed fish. If on the lift of the rod the sheepshead lets go of the bait, simply



Chris from Sanibel caught some larger sheepshead while out with Capt. Matt Mitchell this week photo provided

let the bait fall again and pick up the slack line with the reel. Most of the time the sheepshead will continue biting the bait. These fish can be very frustrating until you get in the groove of how to hook them.

Capt. Matt Mitchell has been fishing

local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

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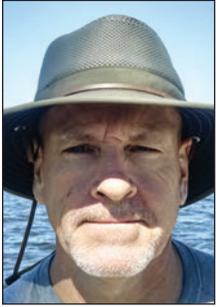
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**CROW Case Of The Week:**

# Roseate Spoonbill

by Bob Petcher



A roseate spoonbill (*Platalea ajaja*) is one bird that is hard not to incorrectly distinguish. From its beautiful pink coloration to its spoon-shaped bill, this flamboyant

water bird is a sight for sore eyes. In fact, the National Audubon Society describes the roseate spoonbill as “gorgeous at a distance and bizarre up close.”

Interestingly, there are five other spoonbills (Eurasian, royal, African, black-faced and yellow-billed) in the world, but the roseate is the only one found in the Americas. Their big bills sweep through shallow waters or sift through mud before snapping up fish and crustaceans. When swallowed, shrimp and other pink aquatic invertebrates through pigments called carotenoids give the roseate spoonbills their pinkish feather color.

Did you know that roseate spoonbills actually go through a balding process as they get older? These wading birds lose feathers from the top of their heads as they age.

At CROW, a juvenile roseate spoonbill – estimated to be under 2 years old based on its plumage – was admitted after being rescued near the entrance to the JN

“Ding” Darling National Wildlife Refuge’s Wildlife Drive. The bird was reportedly walking very slowly and not evading people that passed close to it.

Upon admission to the hospital, veterinarians noted the patient to have mild head tremors and that it was extremely wobbly when walking. These symptoms were consistent with brevetoxicosis, also known as red tide poisoning.

While Florida Fish & Wildlife Conservation Commission officials have recently reported only background concentrations of red tide in Lee County, brevetoxicosis can remain in an animal for some time.

“This varies depending upon the species and the individual’s ability to clear the toxin via their liver/kidneys or if they continue to eat contaminated food sources,” said Dr. Robin Bast, CROW staff veterinarian. “It can take anywhere from seven days to several weeks to clear the toxin while receiving treatment in our hospital.”

The patient also had superficial abrasions on its wings at the carpal joints, likely from stumbling around in its wobbly state. The wounds were cleaned, blood samples taken for diagnostic testing and the bird was provided with fluids and offered food.

“Initial in-house bloodwork was normal. We diagnosed brevetoxicosis based on clinical signs, but have not received the test results for this patient’s levels of the toxin yet,” said Dr. Bast when discussing the bird’s symptoms.

Surprisingly, the roseate spoonbill



**Patient #18-4737 poses for the camera during its rehabilitation at CROW**

photo by Bre Frankel

made a quick turnaround and was able to be released on January 2 – just four days after admission.

“Yes, this is one of the patients that has recovered the fastest,” said Dr. Bast. “This patient spent a short amount of time in an outdoor flight enclosure to ensure it was able to fly well enough for release.”

Having a patient respond to care in such quick fashion is satisfying to CROW medical officials who like to get rehabilitated animals back into the wild.

“Definitely,” replied Dr. Bast, “a speedy recovery is always great to see, so we can get them back out where they belong.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✪



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# CROW Calendar Of Events



The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel Captiva Road.

**Friday, January 11, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, January 11, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Friday, January 11, 2 to 3:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, January 11, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

**Saturday, January 12, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are very devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care

around the clock until they are old enough to care for themselves.

**Saturday, January 12, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

**Monday, January 14, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Monday, January 14, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

**Monday, January 14, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Tuesday, January 15, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Tuesday, January 15, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

**Tuesday, January 15, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

**Tuesday, January 15, 4:15 p.m.**, adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: Grassroots Conservation Initiatives: Small Efforts That Can Get Big! presented by J. Bruce Neill, PhD, co-founder and executive director of Sanibel Sea School.

Conservation initiatives founded and organized by citizens have the potential to effect positive change around the world. During this talk, Dr. Neill will discuss some successful local grassroots environmental projects, including Coastal Keepers' Bring Your Own Bag and Strawless on Sanibel initiatives. He will also present a few interesting case studies from other communities near and far.

**Wednesday, January 16, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

**Wednesday, January 16, 12 to 1:30 p.m.**, \$35 per person, advance registration required (seasonal program) – Lunch & Learn with Dr. Barron.

Have lunch on the CROW campus with Hospital Director Dr. Heather Barron. Learn about the work at the clinic and how it is vital to Southwest Florida and beyond. Hear wildlife

patient stories and end the program with a behind-the-scenes tour of the hospital.

Reservations include a boxed lunch catered by Sanibel Deli.

**Wednesday, January 16, 2 to 3:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

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**Thursday, January 17, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, January 17, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

**Thursday, January 17, 2 to 3:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

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## Shells Found



Ila and Magnolia Colbert photo by A. Ziehl

Ila, 7, and Magnolia, 5, Colbert from Houston, Texas found a hairy triton by the Sanibel Lighthouse while staying at Ocean's Reach. They said, "We were digging around by the lighthouse and out of the sand came this shell we had never seen."✱

## Shells Found



Emma Ruch photo provided

Emma Ruch, 13, from Indianapolis, Indiana found a Scotch bonnet and an alphabet cone on Bowman's Beach on December 23.✱

## Shell Found



Wendy Brown and Ken Kirk photo provided

Wendy Brown and Ken Kirk, visiting from Mapleton Depot, Pennsylvania, found the ultimate prize: a junonia. In December, they were visiting Bowman's Beach and walking along talking about what a junonia would look like. They looked down, and there it was.✱

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**Strawberry Parfait**

2 cups fresh strawberries, rinsed, hulled and sliced  
 2 tablespoons sugar  
 8 ounces low-fat cream cheese, whipped  
 1/2 cup low-fat vanilla yogurt  
 4 graham crackers, crushed  
 1 lemon, juiced  
 4 sprigs fresh mint for garnish  
 In a medium-sized mixing bowl combine whipped cream cheese, sugar, and lemon juice. Fold the yogurt into the cream cheese mixture. In four wide-mouth glasses evenly layer cream cheese mixture, strawberries, and crushed graham crackers. Garnish with sprigs of fresh mint, serve chilled.\*



Strawberry Parfait

photo courtesy Fresh From Florida

**LIVE ON THE ISLANDS**

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. On Sunday, it's Woody Brubaker. Dusk returns on Wednesday. Barbara Dexter plays on Thursday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.\**

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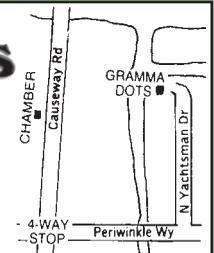


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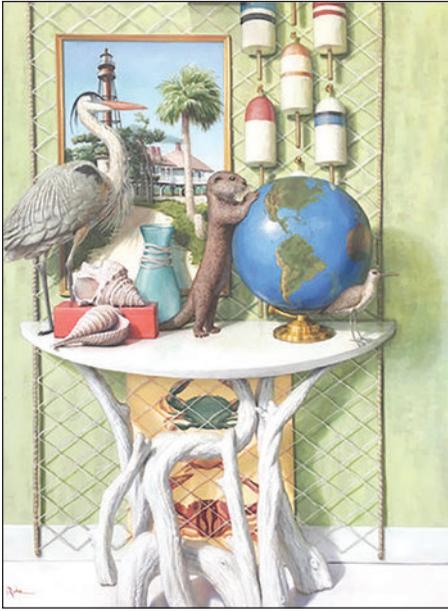
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Painting by David Ruhe images provided

## Artists Reception At Captiva Civic Center

The Captiva Civic Association will showcase an artists' invitational exhibition, entitled Art: Why We Get Up in the Morning? at the Captiva Civic Center. The opening reception will take place on Thursday, January 17 from 5:30 to 7 p.m., featuring music, refreshments and light hors d'oeuvres.

The three exhibiting artists are Katie Gardenia, David Ruhe and Susan Scott. All three have unique styles, using diverse mediums in vibrant colors. Themes and subjects vary, ranging from humorous to dramatic, fantasy to realism, and contemporary to nature.

Gardenia is an artist baker, and restaurateur. Similar to her neighbor, Robert Rauschenberg (when she lived on Captiva), Gardenia evolved her own three-dimensional art style incorporating scraps and creative object combinations. Her three-dimensional



Doll by Katie Gardenia

works of art include: doll sculptures; furniture with hand-stitched designs; pillows embellished with beads; hand-tatted, crocheted and knitted necklaces and bracelets; intricately created purses, shawls and scarves. In the late 1970s, Gardenia opened The Bubble Room, where her humor, decor and style have brought national attention to this Captiva landmark.

Ruhe has a realistic style with a magical touch. He believes that a painting is more than just a piece on the wall. There is a story behind every image and behind that story, even a larger tale of the artist. Ruhe has always been attracted to the abundant wildlife and beaches in Florida. He said, "I



Work by Susan Scott



Painting by David Ruhe

like to capture wildlife within intimate, poetic moments. My landscapes are designed to transport the viewer into another world and invite them to explore the story of their surroundings. I also enjoy taking everyday objects and infuse my still life paintings with what I call 'playful abandon.'"

Scott is a colorful, brilliant and prolific artist. A resident of Captiva and Sanibel for the past 20 years, Scott is a fine arts graduate of Virginia Commonwealth University. While pursuing a career in the design field, she continued to focus on painting in all styles and mediums. Ten years ago, she discovered the fun of playing with fabric, stitches and three-dimensional objects. As time moved on, she now



Mixed media work by Katie Gardenia



Work by Susan Scott

adds competitive ballroom dancing to her repertoire.

The exhibit runs through February 7 and is open to the public on Tuesdays, Wednesdays and Thursdays from 11 a.m. to 1 p.m. or by appointment by calling 472-2111. The Captiva Civic Center is located at 11550 Chapin Lane on Captiva.✧

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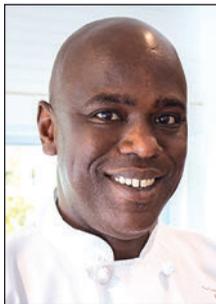
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## The Community House

## Leeks



by Resident Chef Jarred Harris

The leek is a root vegetable that resembles a ginormous scallion. Both the leek and the scallion are members of the Allium family, which also includes shallots, onions and garlic. Leeks are cultivated around the world and they even grow wild in some places. This delicious vegetable has a mild sweet onion flavor and is a very important vegetable in European cuisine.

Leeks have been cultivated for thousands of years, since the time of ancient Egyptians. Hippocrates, the ancient Greek physician and "father of medicine," prescribed leeks as a cure for nosebleeds.

The Romans considered leeks a super vegetable. In fact, Roman Emperor Nero ate so many leeks, he gained the nickname "Porophagus" (leek eater). He believed that eating leeks would improve his singing voice.

Phoenician traders introduced leeks to Wales around 500 AD. The vegetable

quickly flourished because it could withstand rainy, cold weather. Leeks were so popular, they became the country's national symbol. The term "leek" actually comes from the Anglo-Saxon word "leac," which means herb.

Leeks are very high in vitamin K, manganese, vitamin A and vitamin C. They contain folic acid, thiamin, riboflavin, magnesium and provide some of the same nutritional benefits as garlic and onions. All three have diuretic and antiseptic properties, but leeks contain powerful cancer-fighting compounds that help fight diseases such as stomach, colon, breast and lung cancers.

Many people are unfamiliar with leeks, or how to prepare them. Here is a simple and delicious recipe to try:

#### Vichyssoise

(chilled potato and leek soup)

- Ingredients
- 4 tbsp. butter
  - 6 leeks (white part only, cleaned and thinly sliced)
  - 2 medium russet potatoes (cut into small cubes)
  - 1 tsp. of fresh thyme (about 4 sprigs)
  - 2 cups chicken stock or vegetable stock
  - 2 cups heavy cream
  - 2 tablespoons of chives (finely chopped)
  - 1 pinch nutmeg
  - Salt and pepper
- Method

In a heavy bottom pan, melt butter over medium-low heat. Once melted, add the leeks and cook gently for 5 minutes, making sure the leeks do not take on any color.

Add potatoes and cook for 2 minutes, then add the broth and bring to a boil. Reduce the heat and gently simmer for

35 minutes, or until the leeks and potatoes are very soft. Remove from the heat.

In small batches, puree the soup at high speed in a blender or with an emersion blender.

Return soup to cooking pot and whisk in cream and nutmeg. Season with salt and pepper and simmer for 5 minutes, then remove from the heat.

Carefully transfer the soup to a large mixing bowl, cover with plastic wrap and poke a hole in the wrap for steam to escape. Refrigerate to cool.

Serve in chilled bowls and garnish with chives.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.✪

## Top Ten Books On The Island

1. *Becoming* by Michelle Obama
  2. *Where the Crawdads Sing* by Delia Owens
  3. *Tangerine* by Christine Mangan
  4. *Pachinko* by Min Jin Lee
  5. *Educated* by Tara Westover
  6. *Reckoning* by John Grisham
  7. *Breakdown* by BA Paris
  8. *One Day in December* by Josie Silver
  9. *Lying Game* by Ruth Ware
  10. *Great Alone* by Kristin Hannah
- Courtesy MacIntosh Books and Paper.✪

## American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, January 13. The following Sunday, January 20, a meatloaf dinner is on the menu.



All are welcome to come out and join in the fun for Open Mic Night on Thursdays from 5 p.m. to close.

There is collection under way for non-perishable food items for FISH of SanCap. Drop off during regular operating hours.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play. If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✪

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## Shell Found



Kevin Swope photo by Bob Petcher

Kevin Swope, visiting from Perkasie, Pennsylvania, found a junonia on the beach at Blind Pass about three feet in while staying with his family on Sand Castle Road. "Boy, oh boy, what a New Year's Eve," said Swope. "We've been coming down 25 years and finally found my first junonia. Go Birds!!!"

## Shell Found



Daniel Golla photo provided

Daniel Golla from Oconomowoc, Wisconsin found a junonia on the morning on January 3. He found the shell washed ashore at Blind Pass Beach.

## Shells Found



From left, Apryle and Mark Bryan, Madelynn Bryan, Merrie Crawford, Allyson Bryan and Dewayne Crawford photo by A. Zehl

Merrie Crawford, visiting from Chattanooga, Tennessee, found a shark's eye and a Scotch bonnet on Cayo Coasta while staying at Sanibel Arms West on December 22. Crawford said, "It's a world record shark's eye... 67mm!"



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Book Review

# Long Road To Mercy



by Di Saggau

David Baldacci is without a doubt one of my favorite authors. In his latest book *Long Road to Mercy*, he has envisioned a new kind of heroine. FBI Agent Atlee Pine is

forged in the fire of trauma and driven by a rare kind of strength. It is 30 years since her twin sister, Mercy, was taken from the room they shared as young children. Serial killer Daniel James Tor was caught and convicted of other murders and, while there's no proof, Atlee believes he knows what happened to Mercy. She visits him in a high-security prison in Colorado but receives no confirmation. She is wracked with survivor's guilt and always asks herself, "Why her, and not me?"

Atlee is assigned to the remote wilds of the western United States, including the majestic Grand Canyon. She is called in to investigate a case when a mule is found dead with strange carvings on its body, and the rider is missing. Having worked at the Grand Canyon when I was 20, I so enjoyed

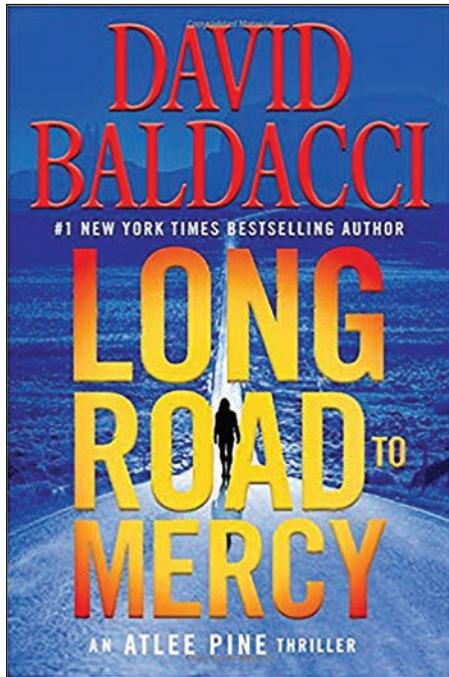


image provided

reading about Phantom Ranch, the Colorado River, Indian Garden and the switchbacks that people take to hike the canyon. So many wonderful memories were revisited.

It soon becomes clear the lost tourist had something more clandestine than sightseeing in mind. But just as Atlee begins to put together clues pointing to a terrifying plot, she's abruptly called off the case. If she disobeys direct orders by continuing to search for the missing

man, it will mean the end of her career. But unless she keeps working the case and discovers the truth, it could spell the very end of democracy in America as we know it.

*Long Road to Mercy* is heart-poundingly suspenseful and will keep readers engaged and guessing right up until the end. It has the perfect blend of action, secrets and conspiracies. I look forward to the next book in the new Atlee Pine series.\*

## School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, Getting back into school mode after the holidays can be hard for kids and for parents. These suggestions can help you start up

the second half of the school year and make sure everything's on track.

To make the most of the second half of the school year, it's useful to look back at the first half. One way is to make a list of everything that went well and everything that didn't. Consider all relevant aspects: academic, social and behavioral. As you look back, think about ways to build on the successes. Also, think about what went wrong and why, and how you or your child can change things for the better.

As school starts up again, act as if you're preparing for the start of the school year. Review your schedules, routines and rules. Discuss if they were useful. If not, adjust for success.

Connecting with your child is a great way to help her transition back. Instead of one big talk, try to have several shorter conversations with her. Share

your thoughts with her about how the first half of the year has gone. If she's reluctant to talk, try asking open-ended questions like, "what are you looking forward to at school in the spring?" or "what do you hope will be different at school?"

If the first part of the year hasn't gone well, you may be tempted to change your child's entire program. As school gets underway, you may identify things you'd like to change for the second half of the year like a different afterschool care situation, having your child work with a tutor or switching classes. Timing is important as change may be disruptive for your child. Instead, consider focusing on one or two changes that will have the greatest impact for your child. Don't rush changes, but don't let them linger either. A good rule of thumb is to make changes within two to three weeks after the start of school. Also remember it's easier for the school to make changes at the end of a second marking or grading period, which for most schools is late January.

Part of any good review process is to make plans for the future and be prepared for what happens next. Ask your child's teacher about the marking periods ahead. When you can identify and plan any big milestones, projects or events at school or particular classes, you'll be better able to since you know what's coming. And you'll have time to make schedule adjustments for your child and yourself as needed.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.\*



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---

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Finn and Henry Kauffold build with LEGOs at Sanibel Public Library photo provided

## Upcoming Programs At Sanibel Library

As Sanibel Public Library continues the next phase of its Your Library Reimagined remodel project, parts of the library are being renovated as the facility is open for normal operating hours. The next speaker in the library's Author Series is Lily King. Her first novel, *The Pleasing Hour*, won the Barnes and Noble Discover Award and was a *New York Times* Notable Book. Her second, *The English Teacher*, was a *Publishers Weekly*

Top Ten Book of the Year and *Chicago Tribune* Best Book of the Year. King will speak at Sanibel Public Library at 7 p.m. on Thursday, February 12. Online ticket requests begin at 9 a.m. on Saturday, January 12 and will be accepted for 24 hours. To submit your ticket request, go to the homepage of the library website at [www.sanlib.org](http://www.sanlib.org).

From 10:30 a.m. to 3 p.m. on Monday, January 14, Lee County Supervisor of Elections staff will be at Sanibel Public Library providing voter registration services.

LEGO Harry Potter Hogwarts castle building recreates scenes from the iconic film series. Participate in the fun of building



Lee County Supervisor of Elections staff will be on site January 14 to provide voter registration services

the Hogwarts Great Hall on Thursday and Friday, January 10 and 11 from 10 a.m. to 5 p.m. For ages six and older, no registration required.

Learn about Sphero robots from 10 a.m. to noon on Friday, January 18. Program a robot to do simple commands like roll, flip and spin. Race against others and drive a Sphero ball around the library. For all ages, no registration required. Fun with Sphero returns on Monday, January 21 from 3 to 4:30 p.m.

Weekly Children's Schedule:  
Geared specifically for children in fourth through sixth grade, the After-school Clique will meet on Tuesdays at 3 p.m. The group will be crafting, building, and playing – with books and a snack.

Storytime for preschoolers and their

caregivers will be held on Wednesdays and Thursdays at 11 a.m. This program helps develop pre-reading skills through songs and stories.

The After-School Crew (for children in kindergarten to third grades) will meet at 3 p.m. on Thursdays. There will be books, crafts, plus a snack provided. If you love dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, sign up on-the-spot; program finishes by 5 p.m.

No registration is required for library programs.

For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org). Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge.\*

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**BIG ARTS Monday Night Film Series**

# The Death Of Stalin



by Di Saggau

The BIG ARTS Monday Night Movie for January 14 is *The Death of Stalin*, a slapstick tragedy about the demise of a kill-happy Russian dictator, and one of the funniest, fiercest comedies of the year. Director Armando Iannucci's political comedy has bite and purpose. He's a comic thinker who views politics – past, present and scary future – as a drive for power with little thought for the people being governed. The laughs come in jolts and waves delivered in a mix of savage one-liners, biting dialogue and perfectly timed slapstick. Think the Marx Brothers and Monty Python as the one-liners are fired off.

The movie opens in early March 1953. Joseph Stalin (Adrian McLoughlin) holds his cabinet hostage to his every whim, including the forced watching of John Wayne westerns. When the old man dies, various party leaders and flunkies plot to take his place. Casting Steve Buscemi, all mirth and malice, as Nikita Krushchev is comedy gold along with Jeffrey Tambor as Georgy Melenkov, the conceited buffoon who is the dictator's deputy. There's also the great Simon Russell Beale as chief of Soviet security and known rapist/murderer Lavrentiy Beria, and the sidesplitting Jason Isaacs as Georgy Zhukov, the leader of Russia's military. Then there's Stalin's family, including Andrea Riseborough as the fearful Svetlana, and a very funny



image provided

Rupert Friend as the tantrum-throwing Vasily, the son who doesn't fall far from dad's poison tree. The comic darts Iannucci throws will have you laughing at this confederacy of political dunces. In *The Death of Stalin*, fear is so overwhelming, so deeply embedded in everyday life that it distorts ordinary expression, utterances, features and bodies. The film was banned in Russia, where one Moscow cinema was raided and fined for screening it. *The Death of Stalin* runs 105 minutes. Moderator for the evening is Ron Green.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at [www.bigarts.org](http://www.bigarts.org), at the door or by calling 395-0900.\*

## BIG ARTS Corner Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:  
Watercolor Nature Journaling with Mary Lou Peters – Tuesday and Wednesday, January 15 and 16, 10 a.m. to 4 p.m.

Palette Knife Painting in Oil from Landscape Photography with Jan Ellen Atkielski – Thursday and Friday, January 17 and 18, 9 a.m. to 3:30 p.m.

The Global & U.S. Economy in a New Political Era with Larry Davidson – Fridays, January 18 to February 8, 1 to 4 p.m.

Shells 2 Share/Seashell Decorating with Meg Scott – Saturday, January 19, 9:30 to 11:30 a.m.

The Joy of Writing with Vicky Lettmann – Mondays, January 21 to February 25, 9:30 to 11:30 a.m.

Beginner Watercolors with Pen and Ink with Linda Benson – Tuesday and Wednesday, January 22 to 30, 9 a.m. to noon.

Cross Contour Line Drawing with Francesco Gillia – Tuesday, January 22, 9:30 a.m. to 3 p.m.

An Invitation to Photographic Storytelling with Harvey Schipper – Mondays and Fridays, January 28 to February 8, 9 a.m. to noon.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit [www.bigarts.org/workshops](http://www.bigarts.org/workshops), or email [info@bigarts.org](mailto:info@bigarts.org).

## Documentary Screening At Sea School

On Friday, January 18, Sanibel Sea School will screen an award-winning documentary, *DamNation*. The film brings together perspectives from across the country to reevaluate whether dams were always a positive form of development. It suggests that perhaps there are more cost-effective options that meet the needs for power, shipping and irrigation. Dam alternatives can also help to restore rivers, preserve tribal customs, recover fish stocks, revitalize waterfronts, improve recreational opportunities and render watersheds more resilient to climate change.

Community members are invited to attend this donation-based learning opportunity from 5 to 7 p.m. at the organization's flagship campus, located at 455 Periwinkle Way. Walk-ins are welcome. For more details, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org).

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Memphis Motown Soul Experience

photo provided

## Motown Performance At Shell Point

Shell Point Retirement Community will continue its 2018-19 Fine and Performing Arts Series with a performance by Memphis Motown Soul Experience at The Village Church auditorium on Tuesday, January 15 at 7 p.m.

An ensemble of today's most talented performers, Memphis Motown Soul Experience presents the sounds and moves of a musical era full of

pioneering artists, classic songs, smooth choreography and exciting stage shows.

During the Shell Point concert series performance, the audience will groove to Memphis Motown's recreation of indelible, soulful hits by The Temptations, The Supremes, Etta James, The Four Tops, Smokey Robinson and other musical forces who helped to reframe American culture.

Tickets are \$40 and can be purchased online at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts) or by phone at 454-2067.

The Village Church auditorium is located on The Island at Shell Point at 15100 Shell Point Boulevard in Fort Myers.✳

## Framing The Message Topic Of Free Lecture

The 1st annual Paul McCarthy Speaker event, Change The Story, Change The World by Andy Goodman, will be held on Wednesday, February 6 at The Community House, located at 2173 Periwinkle Way, starting at 7 p.m. Doors will open at 6:30 and light refreshments will be available. The event is free but preregistration on EventBrite is required by January 30. Visit [www.sccf.org](http://www.sccf.org), go to Programs and look for the event link.

The lecture series was conceived by the Boler Family Foundation, which provided a grant to cover program costs, as a way to honor a dear family friend, Paul McCarthy, founder of Captiva Cruises and an active presence on the islands for years. February 6 would have been McCarthy's 67th birthday.

Change The Story, Change The World is a chance to learn how the approach to information or call to action can be framed to motivate or engage more people. The

art of non-fictional story telling can help engage more people in what may be a particularly challenging situation.

As an example: In Brazil, organ donation was almost considered taboo. There were many misconceptions and stigma attached to donation of viable organs for thousands of people whose lives depended upon a transplant. So donation organizations began looking to something Brazilians were passionate about: soccer.

They began working with local soccer clubs to promote donation. This eventually led to people associating intent for organ donation to be a mark of a super fan. To be a donor began to be imbued with the same passion as support for the local soccer hero or community club. The transformation was remarkable and the wait list for patients hoping for a new heart, liver or kidney was reduced to zero.

It was all about the story: discovering what blocked people from advanced consent, what they cared about deeply, and changing the culture to celebrate. Moving people from information to knowledge to action is a skill.

Goodman believes stories are the single most powerful communication tool we have, with the power to change the world.

For more information, call 472-2329.✳

## Library Hosting Lunch With The Author In March

The Sanibel Public Library Foundation will welcome Beatriz Williams as the featured speaker at its annual Lunch with the Author fundraiser. The luncheon will be held on Monday, March 11 at The Sanctuary Golf Club. Williams is the internationally bestselling author of *The Summer Wives*, *The Secret Life of Violet Grant*, *A Hundred Summers*, *A Certain Age* and several other works of historical fiction. Her novels combine her passion for history with an obsessive devotion to voice and characterization.

To receive an invitation with further details, leave your name and mailing address via email at [authorluncheon@comcast.net](mailto:authorluncheon@comcast.net) or call 214-0088. Reservations will be taken beginning in mid-January.

The Sanibel Public Library Foundation plays in key role in making the Sanibel Public Library one of the top libraries in Florida through support of dynamic and engaging initiatives that supplement tax dollars. Proceeds from



Beatriz Williams photo provided

this year's luncheon will go towards the enhancement of downloadable and streaming services available through the library.✳



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Academy Award Contenders

Vice



by Stan Gembicki

On Wednesday, January 16 at 12:30 p.m., Island Cinema will show the third movie in this year's BIG ARTS Film Society Academy Awards Contenders Series. There

will be a discussion following the film. Tickets are available at the cinema. Other movies in the series will be announced prior to the weekly showing.

Vice is a biographical comedy-drama film written and directed by Adam McKay. The film stars Christian Bale as Dick Cheney, with Amy Adams, Steve Carell, Sam Rockwell, Alison Pill, Lily Rabe and Tyler Perry in supporting roles. The plot follows Cheney in his desire to become the most powerful vice president in America's history. It is the second theatrical film to depict the George W. Bush administration, following Oliver Stone's *W*, and the third collaboration between Bale and Adams, following *The Fighter* and *American Hustle*.

The film divided critics; some lauded it as "cleverly biting" while others denounced it as "a clumsy display of political hatred," with McKay's script and direction receiving both "scathing

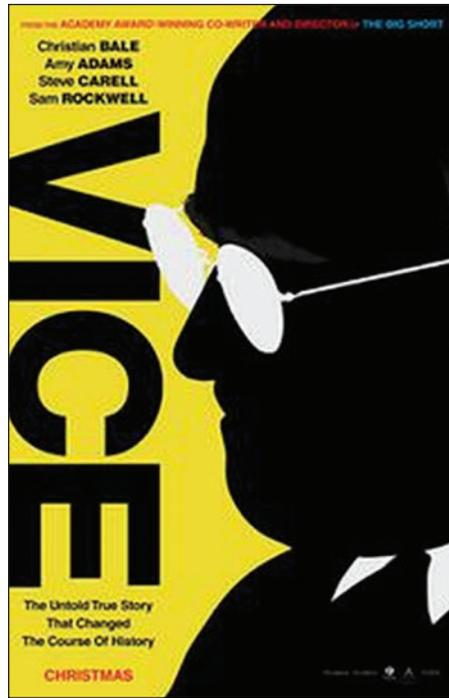


image provided

critiques and celebratory praise." Despite the polarized reception for the film itself, the performances, particularly of Bale and Adams, received universal praise. The film received numerous award nominations, including a leading six at the Golden Globes.

The film runs two hours and 12 minutes.

Island Cinema is located at 535 Tarpon Bay Road in Bailey's Center.✪

Brewing Company To Hold Benefit For Water Quality Efforts

Point Ybel Brewing will hold a celebration with Jon Stickley Trio to benefit the Sanibel-Captiva Conservation Foundation's (SCCF) water quality efforts on Sunday, January 13 from 3 to 5 p.m. SCCF staff will be on hand to answer questions and discuss ongoing water quality issues affecting Southwest Florida.

Proceeds from Point Ybel's new Sanibelian Local Lager will benefit the SCCF Marine Laboratory water quality efforts. The brewing company will donate \$2 for every pint sold. A suggested donation of \$10 at the door comes with a pint of Sanibelian Local Lager.

Jon Stickley Trio is a three-piece acoustic band that combines flatpicking guitar with violin melodies and classical, jazz-influenced drumming to create textural soundscapes.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed through environmental education, land acquisition and stewardship, native landscapes and garden center, marine laboratory, natural resource policy, sea turtle and shorebird conservation, and wildlife and habitat management. Community support through membership dues and tax-deductible contributions, in addition to grants and staff-generated revenue, makes this work possible.

Point Ybel Brewing is located at 16120 San Carlos Boulevard, Unit 4, in Fort Myers. For more information, visit [www.pointybelbrew.com](http://www.pointybelbrew.com).✪



Jon Stickley Trio

photo provided

Community Housing & Resources is excited to announce our new fundraising series **GIVE BACK WEDNESDAYS #GBW**




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**So, make plans to eat out, shop and play at these generous local businesses on Wednesdays this winter and support CHR.**



<p><b>NOV 14</b></p>  <p>Sanibel Island, Florida</p>	<p><b>NOV 28</b></p>  <p>Sanibel Island Bar &amp; Grille</p>	<p><b>DEC 5</b></p>  <p>SPECIAL WINE TASTING IN-STORE</p>
<p><b>DEC 12</b></p> 	<p><b>DEC 19</b></p> 	
<p><b>JAN 9</b></p> <p>OLDE SANIBEL SHOPPES INCLUDING</p>  	 <p>OVER EASY CAFE</p> 	
<p><b>JAN 16</b></p> 	<p><b>JAN 23</b></p>  <p>island fusion cuisine</p>	<p><b>JAN 30</b></p> 

**NOV 7, DEC 5 AND JAN 2—JOIN US FOR WINE WEDNESDAYS**  
On the first Wednesday of each month, a portion of all Wine Sales at Bailey's General Store will be donated to CHR!



## Zonta Film Festival Showings At Three Local Venues

Lunafest, a traveling film festival which highlights female filmmakers and raises awareness about women's lives, is coming to three locations in Southwest Florida this month. Tickets for all three events are available for \$20 online at [www.lunafest.org](http://www.lunafest.org) or, if available, for \$25 at the door.

Kit Crawford, who developed Luna Nutritional Bars, founded the film festival in 2000 to bring women together and champion women's issues and talent. The event serves as a fundraiser for women's clubs and foundations across the nation.

The Zonta Club of Sanibel-Captiva is sponsoring its 2nd annual Lunafest at The Community House, located at 2173 Periwinkle Way, on Tuesday, January 22 beginning at 7 p.m. Proceeds benefit local Zonta efforts which include distributing scholarships and grants to organizations that empower and support women and girls in Lee County. The film fest also contributes to Chicken & Egg Pictures, a nonprofit associated with Lunafest that supports women nonfiction filmmakers whose works bring about social change.

Zonta clubs of Fort Myers and Cape Coral are also presenting Lunafest: Fort Myers at the Alliance for the Arts,



Lunafest, to be hosted by Zonta and held at The Community House on Sanibel, celebrates the work of women filmmakers photo provided

10091 McGregor Boulevard, on Wednesday, January 23 with a reception at 6 p.m. and screening at 7 p.m.; Cape Coral on Saturday, January 19 with a reception at 2 p.m. and screening at 3 p.m. at Gulf Coast Village, 1333 Santa Barbara Boulevard in Cape Coral.

"Zonta is an international organization with local chapters that

seek to empower and strengthen women locally and throughout the world," said Carol Gestwicki of Sanibel, who chairs the joint effort among the three clubs. "Lunafest fits with Zonta's mission and allows us to present short films which are by, for and about women."

For more information, visit [www.zontasancap.com](http://www.zontasancap.com).

## Nominations Sought For Citizen Of The Year

The public is invited to nominate an exemplary civic-minded citizen for the 2018 Paulette Burton Citizen of the Year Award. Lee County commissioners are looking for nominees who are involved in the community and work diligently for causes in which they believe.

The annual award strives to recognize a citizen who has provided outstanding civic contributions to Lee County government. The selection criteria includes a positive attitude, knowledge of the objectives and activities of Lee County government, a demonstrated interest in community/county government partnerships, and promotion of harmony between the community and county government.

Nominations are due by Friday, February 22. Commissioners will select the winner.

Nomination forms are available at Lee County libraries and recreation centers or online at [www.leegov.com/citizenoftheyear](http://www.leegov.com/citizenoftheyear). For library locations, visit [www.leelibrary.net](http://www.leelibrary.net) and for recreation center locations, visit [www.leeparks.org](http://www.leeparks.org).

The award was created in 1991 to honor Burton, a long-time Sanibel resident and government watchdog.✪

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# CHR Give Back Wednesday At Sanibel Café



Bill Briscoe and Richard McCurry

photos provided



Melissa Rice and "Barefoot Charley" Ball



George and Lynne Campean



From left, Connie Walters, Bonnie McCurry and Rose Dakos



From left, Kathy Samson, Calli Johnson, Bailie Johnson and Richard Johnson



From left, Kimberly Salerno, Dan Schuyler and Melissa Rice



Ann Moeder and Sue Denham



From left, Jerry Edelman, Maryanne Daly, Melissa Rice, and Kay and John Morse



Roseate spoonbills

photos by Corky Boyd

## Photographer's Visit To The Refuge Pays Off

Corky Boyd brought his camera to the "Ding" Darling National Wildlife Refuge last week expecting a dull day. Much to his surprise, he was able to capture plenty of photos of roseate spoonbills, all with magnificent coloration. "Their antics appeared to be mating rituals, splashing water and displaying their wing feathers," said Boyd.\*



Roseate spoonbills

## Painting To Go Up For Bid At Art Haus Benefit For SCCF

Myra Roberts, an acclaimed local artist, has donated her latest painting, *Algae*, to benefit the Sanibel-Captiva Conservation Foundation (SCCF) clean water initiatives and efforts through Art Haus MARVIN. The painting will be up for auction during the weekend art event to be held Friday through Sunday, January 11 to 13. The gathering will take place at the home of Marvin and Helene Gralnick, located at 10731 Bromely Lane in Fort Myers.



*Algae* by Myra Roberts

image provided

*Algae* is an emotional work of art as well as a brilliant use of multimedia. Roberts has captured the suffering of marine life during the water crisis through a layered approach. The painting is mixed media, 36 by 36 inches, and sculpted and textured with hand tools and modeling paste. Roberts used iridescent paint to achieve a water like effect.

This one of kind painting cannot be reproduced. You can view the painting at Art Haus MARVIN. For more information or to purchase tickets, visit <https://arthaus.splashthat.com>.\*

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## CROW Names New Executive Director

The Clinic for the Rehabilitation of Wildlife (CROW) and its board of directors have announced that Alison Charney Hussey has been appointed the new executive director of the organization effective January 1, 2019.

"It was important to us to find someone local who knows what CROW does and what it means to Southwest Florida," said Paul Ben-Susan, treasurer of CROW's board of directors. "We wanted to ensure we could find someone that was involved with the community. Through a nine-month process and with help from the Southwest Florida Community Foundation, we know we have found the right person."

A graduate of Bishop Verot High School, Hussey was raised in Lee County before attending Wesleyan



Alison Charney Hussey photo provided

College in Macon, Georgia. She received undergraduate degrees in English and business before earning her law degree from the Walter F. George School of Law at Mercer University also in Macon, Georgia. After graduation, she returned home and has been practicing law in the state of Florida for over 20 years.

As a partner at Pavese Law Firm, LLC, Hussey represented individual, corporate and governmental clients in a variety of issues including corporate, criminal, family, estate planning, probate, real estate and adoption. She served as the court appointed attorney ad litem in various cases including dissolution of marriage, paternity, domestic violence, dependency and criminal matters. In addition to practicing law, Hussey is a Supreme Court certified circuit and family mediator.

With almost 20 years as an active Rotarian, Hussey has remained involved in the Southwest Florida community. She is a current member of the Rotary Club of Cape Coral and served as past president of

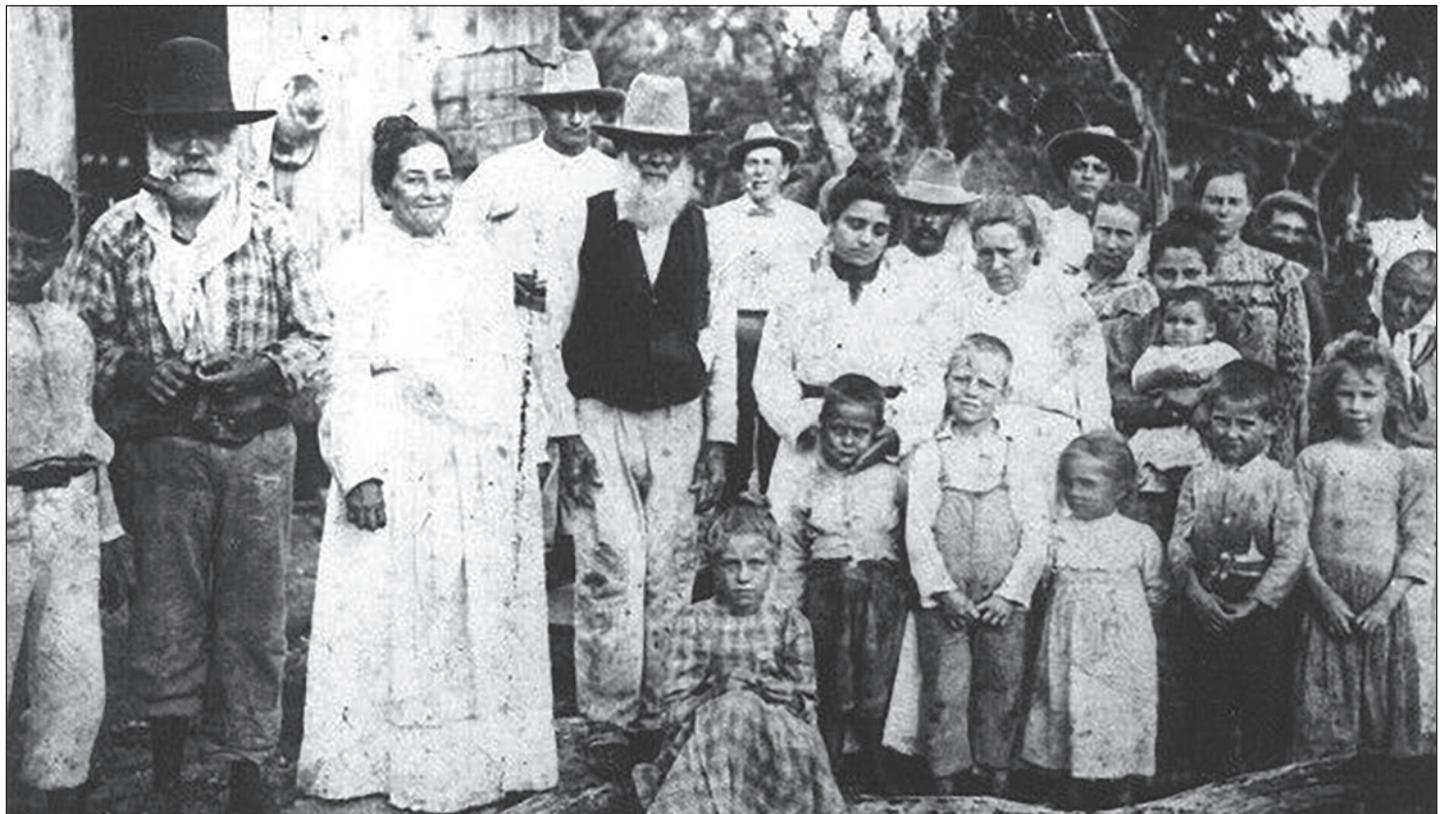
the organization. She is the current Rotary International District 6960 membership chair. She has helped organize and lead the club's fundraisers and projects including the Cape Coral Arts & Music Festival, Rotary golf tournament, Holidays without Hunger, and club and district scholarship programs.

Hussey's commitment to the community is not limited to her service as a Rotarian. Her involvement has included PACE Center for Girls, St. Francis Xavier School Board, the Cape Coral Community Foundation, past president of the Pilot Club of Fort Myers, and a founding board member of the Lee County Sheriff Youth Activities League.

"CROW is a fixture in the community and its longevity is a testament to those who have led the organization in the past," said Hussey. "I am excited for what the future holds. I look forward to helping CROW adapt and grow to become sustainable for the benefit of wildlife and, in the end, the benefit of our local environment and community."✧



Young fisherman with his catch photos provided



Vintage photograph of fishing pioneers from Cayo Costa

## Documentary Film Screening

On Thursday, January 24, the new documentary film *Mullet & Mangroves: The Pioneer Fishing Families of Cayo Costa* will be screened at the Captiva Civic Center. This will be

an opportunity to learn about the history of La Costa Island and Cayo Costa State Park and what is being done to protect the island for future generations.

The documentary on barrier island life explores the island's history from the indigenous Calusa to the Spanish Cuban

fishing era, and focuses in on pioneering fishing families that settled on La Costa Island on Southwest Florida's coast during the first half of the 1900s.

This film screening is being sponsored by the Captiva Civic Association, Friends of Cayo Costa State

Park and Barrier Island Parks Society. The program, which begins at 5:30 p.m. with light refreshments, is free but space is limited. To make reservations, visit [www.friendsofcayocosta.org](http://www.friendsofcayocosta.org).

The Captiva Civic Center is located at 11550 Chapin Lane on Captiva.✧

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Learn How To Become  
A Certified Shell Ambassador

With just one day of training, you can qualify to become a Bailey-Matthews National Shell Museum Shell Ambassador photo provided

Have you seen people wearing the blue “ASK ME!” T-shirts on the beach and wondered how these experts learned so much about shelling? Are you are looking for an exciting volunteer opportunity to serve others without having to leave the island? If your answer is yes, the Bailey-Matthews National Shell Museum is looking for your leadership.

The museum’s Shell Ambassador program is a club comprised of more than 125 certified volunteers. The Shell Ambassador program educates volunteers on the types of shells found on Sanibel and the laws associated with beach activities in order to teach beachgoers about the local mollusk species.

To become a shell ambassador, volunteers must complete a one-day training session and successfully demonstrate their knowledge through formal assessments. Content addressed in the training includes knowledge of Southwest Florida shells, interpretation of beach ecosystems, effective public relations, and response to legal and ethical dilemmas. Study materials will be provided in advance of the training so participants can arrive prepared for the shell identification assessment.

Upon successful completion of all components of the training, shell ambassadors are authorized to wear the official Bailey-Matthews National Shell Museum Shell Ambassador apparel while they are on the beach to indicate that they are available to answer

questions and identify shells. There are no specific hours or shifts required.

The museum is holding its next Shell Ambassador training sessions on January 14, February 28 and March 20 from 8:30 a.m. to 5 p.m., but space is limited. Your \$100 registration fee includes your advance study materials, a full day of training provided by experts from the Bailey-Matthews National Shell Museum, lunch and a continental breakfast on the day of the training, and your initial Shell Ambassador moisture-wicking T-shirt (awarded upon successful completion of all training and assessments). After 20 hours of volunteering as a shell ambassador, you will receive a complimentary Golden Olive Membership valued at \$100.

If you are already a shell ambassador and interested in the advanced training, a full day (8:30 a.m. to 5 p.m.) class will be held on January 21 and March 21. The \$50 registration fee covers various topics such as scaphopods, cephalopods, local avian fauna, invertebrates, museum collections, and reproductive and feeding habits of local mollusks. Network with other ambassadors, talk about your experiences, identify your beach finds and sharpen your shell identification skills. Continental breakfast and lunch are included in your registration fee.

For more information or to register, contact Leigh Gay at [lgay@shellmuseum.org](mailto:lgay@shellmuseum.org) or 395-2233, or visit [www.shellmuseum.org/shell-ambassadors](http://www.shellmuseum.org/shell-ambassadors).✪

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# Meet Some Historical Village Volunteers

There are approximately 120 volunteers currently working at the Sanibel Historical Museum and Village. Their duties run the gamut, from greeting guests at the door to working in the museum store, to giving tours and to farming the pioneer garden.

"We'd like to both recognize our volunteers' contributions and share with the community what it means to be part of the historical village family," said Emilie Alfino, executive director.

Ginny Darby came to the village in the fall of 2017. She comes to Sanibel from Dubuque, Iowa, and now spends about seven months on Sanibel and five months in Madison, Wisconsin. Darby was a high school teacher and theater director, directing well over 100 plays and musicals.

"What brought me to Sanibel was the same siren song that lures most of Sanibel's inhabitants," Darby said. "Sanibel is a magical place."

She most often volunteers in the Rutland House and just recently led her first full tour of the village. Darby said



**Ginny Darby** photos provided

she has always been fascinated with history. "I have the greatest respect and admiration for the pioneers and people who created our country and community. Learning about the history of Sanibel and sharing that knowledge with others is a real joy."

Darby also explained why she chooses to volunteer at the village.



**Carol DiCorpo**

"The folks who settled Sanibel were courageous, hardworking and spirited people," she said. "The village is a remarkable resource on the island. I enjoy interacting with the visitors and getting to know other volunteers with similar sensibilities."

Carol DiCorpo started working at the village seven years ago, in 2011. She hails from Avon Lake, Ohio and stays on Sanibel seven months of the year. A vacation in 1974 brought her to Sanibel, and she has not missed a year since. She serves as a docent in the museum. For Luminary this year, she was a docent in the Rutland House, the first house brought to the village back in 1984.

What does she enjoy most? "The museum store and the people," DiCorpo said. "I enjoy the Rutland House, because that's where I started. Back then, we would collect the admissions there and tell the visitors the history of the house and some information about the village. We were always busy."

In addition to enjoying the history of the island, DiCorpo said she chooses to volunteer at the village "to meet all the different people coming and going, to make new friends, and to fill that extra time we have when we retire."

Connie Jump joined the family of volunteers at the village in 2015. She is from the Indianapolis area but has lived all over the United States and in Scotland. Jump lives full-time in Southwest Florida except for visits up



**Connie Jump**

north several times a year to see her grandchildren. She first vacationed on Sanibel in 1988 after reading about it in a *Conde Nast Traveler* magazine.

"I fell in love with the beach and the quaintness of the island," Jump said, "so I vacationed here often until I finally bought a condo and eventually moved in full-time."

In addition to volunteering at the village, Jump also makes silverware wind chimes that are sold in the museum store, and helps with graphic design projects. Jump named the Morning Glories Cottage as her favorite building.

"It's a darling historic Sears kit house that would be as comfortable and welcoming to live in today as it was in 1926 - except I'd need air conditioning," she said. She explained that the historical village satisfies her fix for history, antiques, preservation and fun volunteers and staff.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18. Members and children are free.

For more information or to make a donation, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.✪

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# World-Renowned Author Leaves Legacy At FGCU

In 2016, *Time* magazine named its 100 Most-Read Female Writers in College Classes. Coming in at number 7 – just below the likes of Mary Shelley, Virginia Woolf, Jane Austen and Toni Morrison – was acclaimed textbook author Elaine Nicpon Marieb. While her books are assigned in more than 2,400 classrooms around the world, Marieb's greatest impact is likely on the students who study in the college that bears her name at Florida Gulf Coast University (FGCU). She died December 20 at age 82.

Marieb had a knack for teaching students about human anatomy and physiology. She taught the subject, among others, at Springfield College and Holyoke Community College for years, and she eventually put her methods down on paper. She published more than a dozen textbooks on the subject and earned her RN and PhD along the way.

"Education gave me the faith and confidence I have in myself, and I would love to help instill that faith in students pursuing careers in health professions," Marieb said in an interview with *FGCU 360 Magazine* in 2017. "Be diligent in your studies because only when you are can you gain the sense of accomplishment that brings confidence in yourself. With confidence and education, you can change your life."

Between 2012 and 2017, Marieb pledged \$15 million to FGCU, establishing



**Elaine N. Marieb** photo provided

Marieb Hall and the Marieb College of Health & Human Services.

"The commitment and belief that Elaine Marieb placed in our college was a confidence boost. She challenged us to be better educators, to excel and deliver high quality programs, and to graduate outstanding health care practitioners," said Mitch Cordova, former dean of Marieb College and current vice president for student success and enrollment management.

"Her gift provides the resources for us to remain on the pathway to academic excellence in perpetuity. While her financial investments were significant, her involvement with our advisory board in setting the strategic direction of the college was essential. Having a world-renowned

educator, author and scholar like Elaine Marieb involved with our college immediately gave us credibility across the country."

And Marieb seemed to be just as fond of FGCU.

"I feel FGCU offers a teaching style that was similar to my own, a style that connects lessons to examples and to things the students would remember so the lesson would stick," said Marieb, who received an honorary doctorate from FGCU in 2016. "As for the students, they continue to impress me with their devotion to their studies and to changing their lives. I am gratified by the wonderful work the students have demonstrated. For the students that I have come to know, I continue to be touched by the appreciation they have expressed."

Marieb's generosity has enabled the continued growth of the Marieb College, which now provides degree programs in nursing, athletic training, occupational therapy, physical therapy, exercise science, physician assistant studies, clinical mental health counseling, health administration and social work, among others. In addition to FGCU, Marieb supported programs and scholarships at other institutions, such as Holyoke Community College and UMass Amherst. Her name will also adorn an herbarium and laboratory at the Marie Selby Botanical Garden in Sarasota.

"Clearly, Elaine Marieb has had a profound effect on FGCU, its students and the community we serve," said FGCU President Mike Martin. "Her investment in FGCU's health sciences programs has been transformational. The confidence she placed in this institution provided the

impetus for those who embrace excellence. Elaine's impacts will be felt for generations to come. She will be missed, but it is of great benefit to so many who came to know Elaine Marieb. She has left a powerful legacy."

On February 22, FGCU will host a public event to celebrate Marieb's life and recognize her dedication to FGCU students. Additional information about the event will be announced at a later date.

To learn more about Elaine Nicpon Marieb and her work with FGCU, visit [www2.fgcu.edu/mariebcollege/marieb\\_hall.asp](http://www2.fgcu.edu/mariebcollege/marieb_hall.asp).

## ISLAND SUN BUSINESS NEWSMAKERS

### Kingfisher Real Estate



**Tommy Wiley**



**Mary Bondurant**

The top producers at Kingfisher Real Estate for the month of December were: Tommy Wiley, top selling agent; and Mary Bondurant, top listing agent.✪

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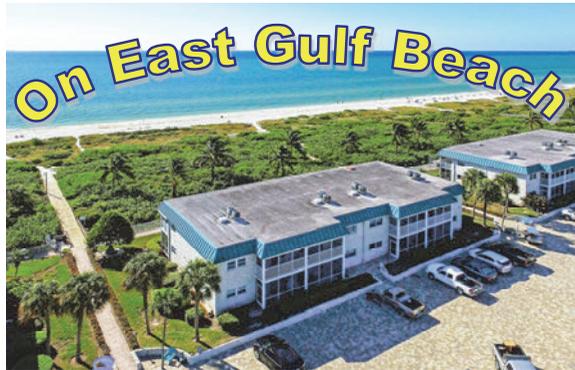
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Members of the Young Professionals networking group at the annual Christmas party photo provided

## Young Professionals To Meet Next Week

The Young Professionals group thanks everyone who came out for the 3rd annual Christmas party in December. Also, a special thank you to Casa Ybel Resort for hosting a great event. There were around 35 young professionals in attendance and quite a few newcomers. Check out all of the photos from the event

online at [www.facebook.com/ypasc](http://www.facebook.com/ypasc).

On Wednesday, January 16 at George & Wendy's Seafood Grille, 2499 Periwinkle Way, the Young Professionals group will kick off their 2019 calendar with a gathering from 5:30 to 7:30 p.m. All are invited to bring their business cards, network and meet some new people. There is no charge for admission, cash bar and appetizers will be provided.

The committee will discuss some of the upcoming networking events, ways to experience the islands, and volunteer opportunities.\*

## League Of Women Voters Lunch Program

submitted by Robyn Cook

Are you anxious about our democracy in these turbulent times? Sometimes wonder how our form of government shapes up with other of the world's governments? With questions of such import to our lives, it's always best to turn to an expert with the breadth and depth of knowledge to enlighten and explain.

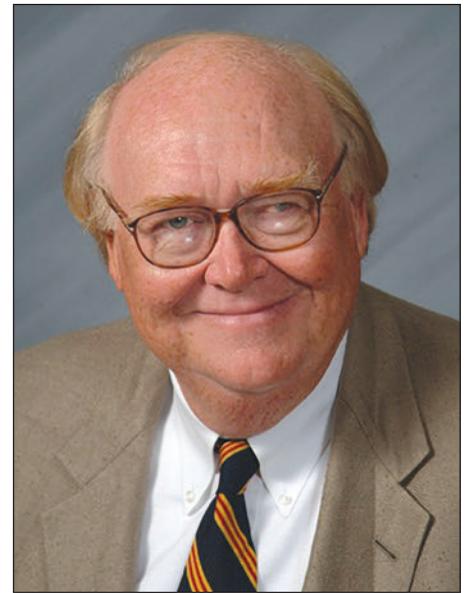
Dr. Peter Bergerson, currently a professor of public affairs at FGCU, has a rich and varied academic and research background that he applies to the real world we live in today. The author of a long list of papers and publications, he has observed, written and taught the world of politics, government, public administration and related topics for many years. He is often asked to opine on topics related to presidential and congressional campaigns, electoral college, and judicial selection. He has focused as well on Asian studies and Cuba.

In speaking to whether or not democracy is working, Dr. Bergerson will compare and contrast the U.S. democratic government with that of other countries, with an emphasis on the government and politics of China. We can't imagine a better moment in time to focus on the U.S.-China relationship through the lens of our disparate histories and current trade machinations.

In addition to this unique and interesting presentation, we will also welcome former Judge Bob Terry, member of the League of Women Voters (LWV) Sanibel board of directors. Terry has agreed to provide us with a short tutorial on the controversial question that is proposed to be added to the 2020 Census.

Specifically, it is a question about immigration status which is now being challenged in at least 22 states and six lawsuits. This is a truly polarizing issue, and Terry will help us through the legal arguments and facts; no fake news here.

The meeting will take place on Thursday, January 17. Registration starts at 11:30 a.m. for the noon to 2 p.m. luncheon and program, with time for questions following.



Dr. Peter Bergerson photo provided

The meeting will be held at Sundial Beach Resort and Spa, located at 1451 Middle Gulf Drive on Sanibel. Reserve your place by email at [lwvsanibel@gmail.com](mailto:lwvsanibel@gmail.com). Deadline to RSVP (or to cancel a reservation) is by noon on Monday, January 14.

Cost is \$25 per person. Mail your check to: LWV Sanibel, P.O. Box 1194, Sanibel, FL 33957. Or you may pay at the door (only check or cash, please).

Those who would like to attend just the program are welcome to do so. Please let us know ahead and we will arrange a seat for you. Arrive around 12:30 p.m.\*

## Associates Join Real Estate Firm

Premier Sotheby's International Realty announced that the following associates have affiliated with the company's Naples area office locations: James Duda, Bonita Springs; Janet Ellis, Central Naples; Cheryl Valera, Sanibel.

"We are very happy to welcome these new associates to Premier Sotheby's International Realty," said Judy Green, chief executive officer. "Their real estate industry experience, deep knowledge of the Naples region and commitment to excellent customer service lead to making clients for life. We are so pleased to work with these talented associates."\*

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# Jeweler Supports Rotary Arts And Crafts Festival

Congress Jewelers will be a gold sponsor for the annual Sanibel-Captiva Rotary Club Arts & Crafts Festival for the 10th year in a row. Because of Congress Jewelers' support, the festival has been rated one of the top 200 shows in the United States by *Sunshine Artist*.

The Sanibel-Captiva Rotary Arts & Crafts Festival, to be held on Friday and Saturday, February 16 and 17 at The Community House, presents only the best artisans from all over the country. One-of-a-kind items in all media and styles including ceramic, digital, fiber, glass, jewelry, metal, mixed media, painting, drawing, photography, printmaking, sculpture, watercolor, wearable art and woodcraft will be available for purchase.

Inside the remodeled Community House, attendees will find silent auction items such as premier vacation stays, premier on-the-road-event tickets, off-island vacation stays, on-island adventures, fine/casual dining experiences, personal services, fine wines, handcrafted items, gift baskets, entertainment certificates, jewelry, paintings/art and sports outings. The newly-added food court gives patrons an opportunity to fuel up, rest, mingle and enjoy the festival experience.

The funds raised each year support



From left, Chet Sadler, Brandie Dumas, Michael Raab, Lee Almas, Scot Congress, Samantha Briitt and Bill Rahe

photo provided

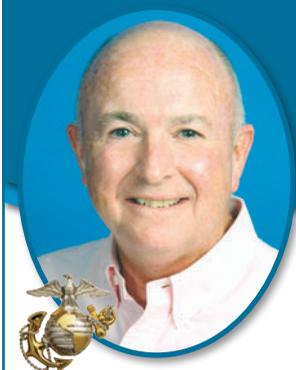
local and international programs such as the virtual elimination of polio, treatment of diseases like diabetes, scholarship programs, the Wheelchair Foundation, the Gift of Life Foundation, Shelter Box, FISH of SanCap, and the

Clinic for the Rehabilitation of Wildlife (CROW).

"We share in the vision of Rotary in that we all have a shared responsibility to take action on issues that face our community," said Scot Congress, owner

of Congress Jewelers. "We're proud to sponsor our local Rotary to help with the many causes they support."

For more information about the arts and crafts festival or sponsorships, contact Chet Sadler at 472-7257.\*



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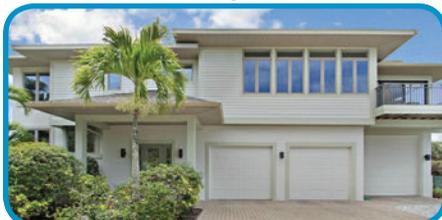
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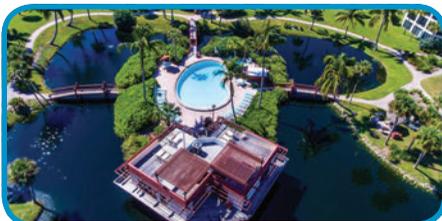
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## Seminar On Living Alternatives For Aging Population

FISH of SanCap, along with a panel of experts, is offering an interactive community discussion, Living Alternatives for the Aging Population, on Thursday, January 24 from noon to 2 p.m. at Saint Michael & All Angels Episcopal Church. Lunch will be provided.

Experts will work with participants to develop a plan to age in place, if possible. They will discuss state of the art home adaptations for older adults, and when to consider bringing in home care professionals. Consideration of a continuum of care community and related financial matters will also be addressed.

"Each client's situation is completely

unique to them, so I work to provide a plan that incorporates their specific goals and needs, while working hand-in-hand with their other senior care providers to maximize the estate for the long term," said Rick Gow, wealth management advisor with Lara, May & Associates and one of the panelists. "This approach helps seniors and families develop an action plan to address their long-term care plans, create a foundation based on their goals and sets a financial plan in place for themselves and their loved ones."

Other panelists include: Adam Corcoran, director of business development, Golden Care; Annalee Kruger, founder and president, Care Right, Inc.; and Kathy Y. Monroe, FISH program director.

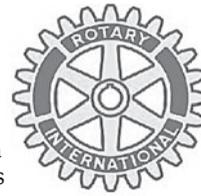
For more information and to RSVP, contact Kathy Y. Monroe at 472-4775.

Saint Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel. ✨

## Rotary Happenings

submitted by Shirley Jewell

Just into the first week of 2019 and the hard-press is evident for all the principle players of our Sanibel-Captiva Rotary Arts and Crafts Festival Committee.



Our sponsors and ad sales entities are designing content for our tab handout that provides information on Sanibel-Captiva Rotary and contains a listing of all booth vendors and locations. This will be extremely important this year, since there will be a new layout design for vendor and food booths.

The application date for artists to participate in this year's arts and crafts festival is now closed and a committee is going through the selection process of how to present the best and most exciting array of art at the festival.

Rotarians have been hitting the pavement, so to speak, to acquire a fantastic collection of silent auction items for the public to bid on. Rotary is supported by our local business community, the many friends both on and off island, local artists and participating artists. This has been a particularly horrendous year for the businesses on Sanibel and Captiva and yet, they continue to support Sanibel-Captiva Rotary with donations, and Rotary is extremely thankful for that. You will find some amazing and unusual items at this year's auction including beautiful art pieces, vacation stays, dining experiences, gifts and theme baskets.

With permission from the Motsumoto family, San-Cap Rotary will once again be using one of the late Ikki Matsumoto's beautiful designs on our shirts, hats and other merchandise. This booth gets really busy, so shop there early.

The Sanibel-Captiva Rotary Club Arts and Crafts Festival will be held on Friday and Saturday, February 16 and 17.

Our speakers at the January 4 meeting were Florida Repertory Theatre Artistic Director Greg Longenhagen and Development Director Renee Pesci.

Talk about drama and the theater. Changes over the last year for Florida Repertory Theatre were headline news

but things have now settled down. After the departure of Florida Repertory Theatre founder and former artistic director, Bob Cacioppo, the board and search committee concluded that their best candidate to fill the Cacioppo's shoes was the resident theater company's own 21-year founding member, Greg Longenhagen. He began his new position at the theater on October 15, 2018.

Longenhagen has been an essential part of the Florida Rep's resident theater company, acting, directing, coaching and producing. He is also an admiring friend to Cacioppo. Longenhagen has a master of fine arts degree from the University of Pittsburg and has worked in theater, film, opera, television, video and radio, along with being an assistant professor of theater at Florida Gulf Coast University since 2015.

Maintaining the reputation and quality of theater productions presented on stage at the Florida Rep is Longenhagen's foremost goal. This theater company has led the way in the revitalization of the City of Fort Myers River District and is essential to the continued success of downtown Fort Myers.

Current and upcoming Florida Rep theater productions are *Tenderly... The Rosemary Clooney Musical*, *FENCES*, *Hay Fever*, *Million Dollar Quartet* and *Native Gardens*.

Longenhagen introduced us to Renee Pesci, development director at the Rep, who has been with the theater company, since 2015. Mostly all nonprofit, the theater does not generate full financial funding needed to present its art to the public. Additional support is raised through fundraising activities, donations, grants and endowment funds. Florida Rep has an annual operating budget of \$4 million and only 40 percent of that is earned income. That means a lot of attention goes in to finding other funding sources. Luckily, the Rep's reputation for exceptional live theater presentations and for being a solid community business driver in Fort Myers has earned the respect of its donors.

Funding and grants have also been received to present a number of educational opportunities for young people from grade school to college theater interns.

Live theater is important. It is a place where anyone, at any age, can experience emotions presented on stage, continued on page 19B

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## The Sanctuary Charity Classic Honorary Chairs

The Sanctuary Golf Club, as host and underwriting sponsor of the 17th annual The Sanctuary Charity Classic on Saturday, January 26, announced Paul and Lucy Roth of Sanibel as honorary chairpersons.

"Lucy and I are so pleased to represent The Sanctuary as honorary chairs of this year's Sanctuary Charity Classic," said Paul Roth. "This special event, in partnership with the Charitable Foundation of the Islands, each year raises thousands of dollars to support those in need in our community. Sanctuary members and all those who participate in this wonderful event will have not only a great day of golf on the beautiful Sanctuary golf course, but the satisfaction of helping others."

"Paul and Lucy Roth have been members of The Sanctuary Golf Club since 2003. Their commitment and contributions to our island community have been extraordinary. It is an honor having them represent The Sanctuary's premier charity event," said Ken Kouril, chief operating officer of The Sanctuary Golf Club.

There are numerous sponsorship opportunities ranging from the \$7,500 Diamond Partnership, which includes additional rounds of golf, lunch and dinner at The Sanctuary Golf Club to



Paul and Lucy Roth

photo provided

a \$250 Hole Partnership. All proceeds go directly to the Charitable Foundation of the Islands, which in turn distributes the funds to assist island nonprofit organizations, individual island residents and workers who have experienced hardships such as medical and financial emergencies.

The Sanctuary Charity Classic begins at 10:30 a.m. with a brunch,

followed by a 12:30 p.m. shotgun start. Afterwards, golfers meet at the clubhouse for drinks and hors d'oeuvres, an awards presentation and the popular helicopter ball drop. Show your support by participating in any part of the day or all day.

For more information, contact Jim DiMarino at 472-6223 or [jdimarino@sanctuarygc.net](mailto:jdimarino@sanctuarygc.net).

## Volunteer Expo At Lakes Regional Library Saturday

United Way of Lee, Hendry, Glades and Okeechobee is sponsoring a Volunteer Expo at Lakes Regional Library on Saturday, January 12 for those interested in learning how to enrich their lives through helping others.

The expo will teach how to promote year-round volunteer opportunities in Lee County, and afford the public a chance to interact face-to-face with a variety of local agencies and explore opportunities that fit their interests.

Nineteen local agencies will have tables at the expo so visitors can explore what type of activity each agency has to offer to volunteers. Enrich your life by offering your skills and experience to a local nonprofit agency, and choose the one that's the perfect fit for you. This is a great opportunity for students who are required to do public service hours for school, retired persons to expand their horizons and families to find volunteer projects to do together. There is no charge to attend.

Lakes Regional Library is located at 15290 Bass Road in Fort Myers. You can reach the United Way Volunteer Center by calling 433-7567 or by visiting [www.unitedwaylee.org](http://www.unitedwaylee.org).

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# Longtime Volunteer Shares Rescue Stories

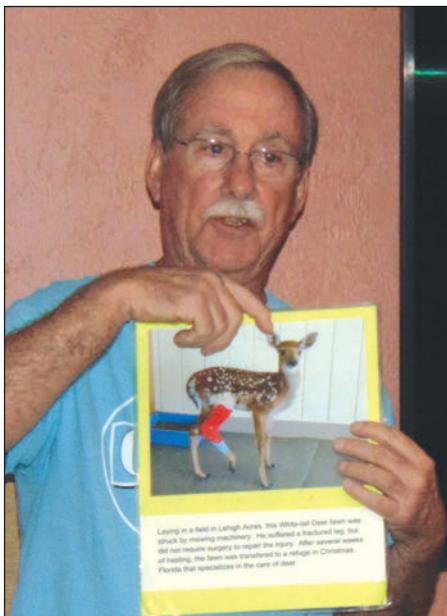
by Jeff Lysiak

Last week at the Clinic for the Rehabilitation of Wildlife (CROW), more than 25 people attended a presentation entitled Wildlife Rescue 101, which featured an overview of the wildlife hospital's mission, how injured animals are brought to and treated at the clinic, and what people can do to help.

Presented by longtime CROW volunteer Denny Toll, the 45-minute lecture included a history of how the wildlife clinic was founded by Shirley Walter more than 50 years ago. After discovering an injured royal tern on the Sanibel Causeway, Walter gathered a determined group of wildlife advocates together and created CROW.

By 1972, CROW had become incorporated as a nonprofit organization. It treated 241 patients that year. According to Toll, the clinic currently treats more than 3,600 patients of over 140 species annually. Even more impressive, the hospital successfully releases more than 50 percent of its patients back into the wild.

Throughout the presentation, Toll shared some of CROW's patient success stories with the crowd, passing around laminated photographs of each animal along with a brief synopsis of their injury, treatment and prognosis for recovery. Among them were three gopher tortoises



CROW volunteer Denny Toll holding a picture of an injured juvenile deer

photos by Jeff Lysiak

and a raccoon whose head was stuck inside a can and a snake who had swallowed two golf balls.

Another photo Toll shared was of a young deer, which had been struck by a motor vehicle and discovered by a group of prisoners picking up trash along a Lee County roadway. By the time rescue officials arrived on the scene to transport the fawn to CROW, the inmates had nicknamed her Bumpers.

"About a week later, we received a letter that was addressed to Bumpers, in



Rachel Rainbolt introduces Bashful, a Virginia opossum

care of CROW, Sanibel Island," Toll told the crowd. "They just wanted to know how Bumpers was doing."

Fielding questions from the audience, Toll shared several tips on how to help wildlife if they appear to be injured. In most cases, young animals that appear to be orphaned have not been abandoned by their parent(s); leaving that animal alone is usually advised. Animals that appear to be sick or disoriented should never be handled since they may carry the rabies virus or other communicable diseases.

"Feeding wildlife only leads to bad things," he said.

Sadly, many of the patients seen at CROW come there due to negative interactions with humans. Of the many gopher tortoises that are treated at the wildlife hospital, 99 percent of them are injured due to motor vehicle strikes. Toll shared a number of stories about birds that had become entangled in monofilament fishing line discarded by careless anglers. He showed the audience a bucket filled with fishing lures and barbed hooks, which can often be fatal to wildlife who might mistake those items for food. In addition, he displayed an example of a fishing line recycling receptacle – installed across Sanibel, Captiva and the causeway – where old fishing line and apparatus may

be thrown away responsibly.

You can't imagine how disheartening it is when you find an animal caught in fishing line," he said. "I've seen too many cases in 18 years of doing rescues."

Toll also pointed out several cases where wildlife had been attacked and injured by domestic animals.

"If you have a dog, please keep it on a leash. And if you have a cat, keep it inside," he urged the crowd after sharing a story about six baby rabbits that were mauled by a cat. "You can't let things like that happen."

Later, several members of the audience shared their personal stories of assisting in wildlife rescues. To conclude the presentation, CROW's Development and Education Manager Rachel Rainbolt introduced the audience to Bashful, a Virginia opossum who became one of the nonprofit organization's animal ambassadors. Bashful's third birthday fell on January 3.

CROW's Wildlife Rescue 101 presentation will be offered again at the Visitor Education Center on January 15, 16, 23, 29 and 30 beginning at 11 a.m. and on January 17 at 2 p.m. For more information about upcoming presentations at CROW, call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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## Storytelling Showcase Returns To The Alliance

The Elephant III, *Stories You'll Never Forget*, is coming to the Alliance for the Arts on Wednesday, January 30 from 7 to 9 p.m. The 3rd annual storytelling showcase returns with 10 tellers and all new stories.

The Elephant was inspired by The Moth, a storytelling organization based in New York City. The Moth was founded in 1997 by George Dawes Green to recreate the feel of his childhood in Georgia, where stories were told on the front porch. He longed for the feeling of community that came from swapping personal stories. He called the organization The Moth because "People are attracted to a story the way a moth is

attracted to a flame." Now, 21 years later, this storytelling organization produces live shows in nearly 30 cities, including Los Angeles, Chicago, New York, Detroit, Miami, London and Melbourne, Australia. It has had overwhelming success. There are Moths all over the world – in Kazakhstan, Edinboro, Perth – to standing-room-only crowds. It can be heard on NPR (National Public Radio) every Saturday night at 6 p.m. It has inspired numerous emulators who cater to their local communities.

Among the emulators are the Storytellers of the Round Table, who have named their productions The Elephant because these events have stories you'll never forget. The Elephant differs from The Moth in another respect as well – stories are not limited to personal stories. They can be traditional (folk tales), historical and literary as well as personal.

Master of ceremonies will be Dr. Joel Ying. Performances, in order of appearance, include *Truth and Story*, a medieval fable updated for a 21st century audience told by Mary Lou Williams; *The Wide Mouth Frog*, a humorous folk tale told by Tashahara Jallad; *The Tiger's Whisker*, a touching folk tale told by Rhonda Brazina; *Yellow Butterflies*, a personal story told by Leonor Reales about her life growing up with 15 siblings; *The Legacy of Love*, another personal story that is also historical as well because it takes place during the civil rights era, told by Dr. Joel Ying; *Some Frog*, a tall tale that Lisa Leonhardt almost convinces to be true; *Blame It On Homesickness*, a true story that Tony Marr almost convinces to be a tall tale; *Running Out of Gas*, a personal story about an unforgettable character told by Marilyn Graham; *The Last Tango*, told by Pamela Minton with an ending you



Mary Lou Williams



Joel Ying

don't see coming; *The Fiery Retiree*, told by Phyllis May, who won a Toastmaster award for humor with this piece. The stories are as intriguing as their titles.

Tickets are \$15 for members and \$20 for non-members.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information and tickets, call 939-2787 or visit [www.artinlee.org](http://www.artinlee.org).

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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	3:11 am	10:13 am	5:09 pm	10:12 pm
Sat	4:07 am	10:49 am	5:42 pm	11:29 pm
Sun	5:18 am	11:27 am	6:18 pm	None
Mon	6:51 am	12:50 am	6:58 pm	12:08 pm
Tue	8:44 am	2:07 am	7:40 pm	12:52 pm
Wed	10:32 am	3:14 am	8:25 pm	1:40 pm
Thu	11:57 am	4:12 am	9:14 pm	2:30 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	2:16 am	10:15 am	4:14 pm	10:14 pm
Sat	3:12 am	10:51 am	4:47 pm	11:31 pm
Sun	4:23 am	11:29 am	5:23 pm	None
Mon	5:56 am	12:52 am	6:03 pm	12:10 pm
Tue	7:49 am	2:09 am	6:45 pm	12:54 pm
Wed	9:37 am	3:16 am	7:30 pm	1:42 pm
Thu	11:02 am	4:14 am	8:19 pm	2:32 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	2:38 am	10:11 am	5:04 pm	10:11 pm
Sat	3:41 am	10:34 am	5:42 pm	11:25 pm
Sun	4:57 am	11:01 am	6:20 pm	None
Mon	6:41 am	1:09 am	6:58 pm	11:43 am
Tue	8:02 am	2:14 am	7:36 pm	1:10 pm
Wed	9:19 am	3:09 am	8:18 pm	2:11 pm
Thu	10:35 am	4:04 am	9:13 pm	3:02 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	5:21 am	12:20 am	7:19 pm	1:29 pm
Sat	6:17 am	1:28 am	7:52 pm	2:05 pm
Sun	7:28 am	2:45 am	8:28 pm	2:43 pm
Mon	9:01 am	4:06 am	9:08 pm	3:24 pm
Tue	10:54 am	5:23 am	9:50 pm	4:08 pm
Wed	12:42 pm	6:30 am	10:35 pm	4:56 pm
Thu	2:07 pm	7:28 am	11:24 pm	5:46 pm

## Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**The Center 4 Life will be closed on Monday, January 21 in observance of Martin Luther King, Jr. Day.**

**Page Turners with Louise Fitzgerald & Ann Hartman** – If you are not on the Page Turners list and wish to be, email [ocean@comcast.net](mailto:ocean@comcast.net) or contact the center.

The book for discussion on Wednesday, February 13 at 2:30 p.m. is *The Death of Mrs. Westaway* by Ruth Ware.

“On a day that begins like any other, Hal receives a mysterious letter bequeathing her a substantial inheritance. She realizes very quickly that the letter was sent to the wrong person – but also that the cold-reading skills she’s honed as a tarot card reader might help her claim the money. Soon, Hal finds herself at the funeral of the deceased... where it dawns on her that there is something very, very wrong about this strange situation and the inheritance at the center of it.” – *LitLovers*

**Shell Point Train Exhibit & Garden Tour** – Friday, January 18. Cost is \$17 for members and \$22 for non-members.

Take a tour of the model train display at Shell Point. It was started by Ted Richards who retired here in 1971 and brought his love of model railroads with him. The exhibit is in the shape

of Florida with trains moving about notable landmarks. It is maintained by volunteers to this day. There will also be tours of the butterfly garden and orchid house. Lunch at the clubhouse will begin at 11:30 a.m. with bus transportation to the train display at 1 p.m. Carpooling available. Depart from Sanibel at 10:45 a.m.

**Line Dancing Classes** – Tuesday, January 15, 22 and 29 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

**The Magic of the Keys** – Tuesday through Thursday, January 22 to 24. Cost is \$574 for members (per person, double occupancy); \$844 single. Non-members are \$599 (per person, double occupancy); \$869 single. Includes round trip transportation, two nights at the Hyatt Place in Marathon, five meals (two breakfasts, two lunches and one dinner), Schnebly Winery tour and tasting, and lunch, full day in Key West with private tram tour and all-day hop-on/hop-off privileges, and tour of Dolphin Research Center. Advance registration required on a first come basis.

**Games**  
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

**Mahjongg** – Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at noon.

**Hearts** – Friday at 12:30 p.m.

**Kayaking on Tuesdays** – January

15 and 17 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

**Fitness Classes** – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and

strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.\*

## ISLAND SUN BUSINESS NEWSMAKERS

### Jahn Naumann & Associates

The top producers at John Naumann & Associates for the month of December were: LeAne Taylor Suarez, top sales and listing agent; Harrell, Tolp and Albright, top sales and listing team.\*



LeAne Taylor Suarez



Harrell, Tolp and Albright



## East Rocks With Deeded Beach Access!

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Dr. Constance Clancy photos provided

## Energy Healing Seminar Nearly Sold Out

A few seats remain for the one-day workshop, Disempower Energy Vampires Who Surround You and Reclaim Yourself Through the Art of Resilience, scheduled for Saturday, January 19 from 9 a.m. to 4 p.m. at Tween Waters Island Resort and Spa, located at 15951 Captiva Drive. Dr. Constance Clancy and fiber artist Katie Gardenia will lead the seminar.

According to Clancy, the program is designed for those who are compassionate, highly sensitive, creative and see the good in everyone, often referred to as "empaths." These same individuals frequently find themselves surrounded by drama queens, excessive talkers and people who criticize and are self-absorbed.

"Energy vampires" are everywhere - co-workers, employers, family members, romantic partners, spouses or friends," said Clancy. "Empaths end up easy targets for these manipulators, often exhausted, used and taken advantage of on a multitude of levels. They are just sucked dry."

"All of us have been touched by people who drain you," said Gardenia. "There are a lot of givers and takers, and the givers unfortunately, attract those who pull the energy out of you," she said.

The workshop will feature handouts, open discussions, and storytelling by Clancy and Gardenia. The day concludes with Clancy demonstrating a technique that participants can do using an "energy-healing spirit" doll, hand-stitched and embellished by Gardenia, which attendees take home as a remembrance of the program.

"These creations represent the healing energy within us," said Clancy. "During an 'energy-imprint removal ceremony,' participants will hold their doll for protection, and then a partner will 'cut the cords' of the vampire," she said.

Gardenia said sharing energy-draining experiences with Clancy made them realize a need for the seminar and she personally decided "right then" to create the figures. Each is unique and inspired by her passion for fiber art.

One doll is made from natural elements



Katie Gardenia



Each figure carries a small pouch with rolled, antique rice paper to write messages

like sticks and pebbles, intertwined with copper wire and constructed out of felt. Its chest has a piece of screen that "can filter emotions." "It also wears a bit of garlic - vampires hate garlic," Gardenia said with a laugh. Others are just as elaborate and display her eye for detail, including use of fiber, silk, bamboo yarn, cotton batting, feathers, dried fauna and flora, beads, twine, carved faux ivory hands and tin milagro birds. Hand-sculpted, air-dried clay, lightly tinted with German chalks is used for their faces. Each doll carries a small pouch with rolled, antique rice paper to write messages.

"While every figure is one of a kind, most important is they all contain a part of my soul, a part of my creativity, and a part of me that I so want to share," added Gardenia.

Attendees will also learn: the empath and narcissistic spectrums; setting rock-solid boundaries; selecting positive people;

continued on page 22B

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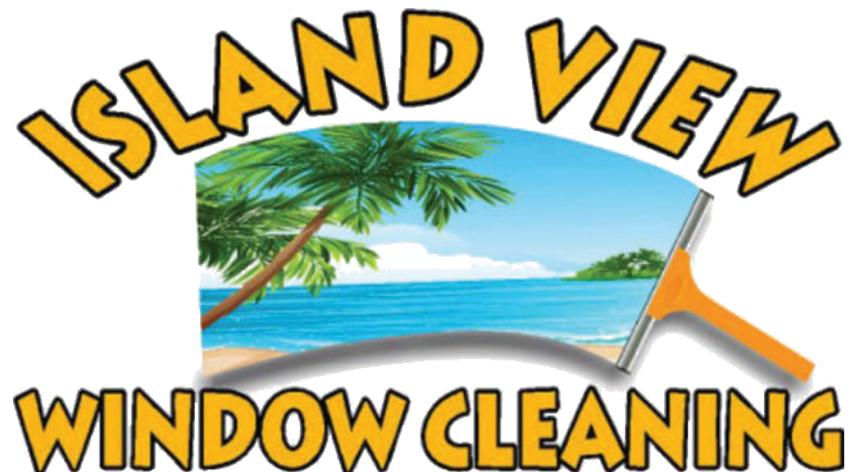
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# BIG ARTS Opens Anniversary Season With A Sold-Out Crowd



From left, BIG ARTS Executive Director Lee Ellen Harder, Penny Wilkinson and Dick Boehning at the January 5 season opener featuring the Chicago tribute band, Beginnings photos provided



From left, Ralph and Carolyn Clark, Jim Reed, Merrill Taylor, and Susan and George Heisler



Linda and Tom Uhler



Angie and Tony Lapi



Darryl and LeeAnn Gordon



Alex Block and Judy Adler



Patty and Attila Molnar

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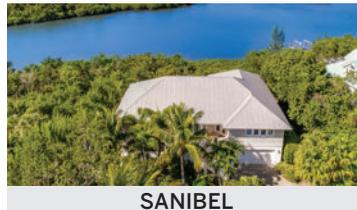
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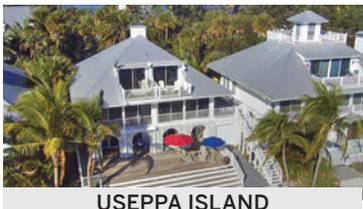
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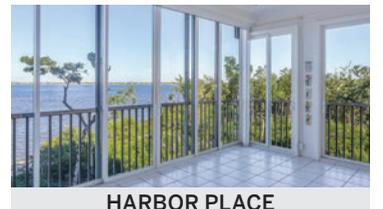
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Will Power

# A Different Way Of Looking At Estate Planning



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**N**obel Prize-winning economist Friedrich (FA) Hayek (1899 to 1992) once commented that it's a shame that capitalism is so named. He noted that the tragedy of capitalism is that it was named by its enemies who hated it. "Capital – money," Hayek said, "isn't the central point of capitalism. Rather, capitalism is the never ending system of increased cooperation among strangers."

This never ending system of cooperation is all around us. I'm always amazed by technology, so even something as simple as an Automatic Teller Machine (ATM) tends to engage

my imagination. ATMs have been around a long time, as they became popular in the early 1980s, and their capabilities have been exponentially expanding ever since. When I was recently overseas, I needed some local currency and wanted to get the best exchange rate. The hotel clerk advised that the best rates are found at the ATM, and there happened to be one conveniently located around the block.

I found the ATM, inserted my bank debit card to withdraw about \$200 worth of the local currency, punched a few buttons and out it came. Talk about a system of cooperation among strangers! Here I was in Europe, and within moments had local currency in hand, with an appropriate amount deducted from my checking account here in Florida at a favorable exchange rate!

So please allow me to relate Hayek's definition of capitalism to your estate plan. Most people tend to limit their view of estate planning as handling the transfer of wealth upon their death. In other words, that pile of paper that you signed in my office is merely a means to transfer your hard earned capital to your spouse, children or other loved ones when your time on Earth is finished.

If instead you view your estate plan as the capitalistic endeavor that it truly is, you see it as a never ending system of increasing cooperation among your loved ones with strangers. It begins with the creation of your estate plan, which requires the work of your estate planning attorney. But he's not the only one working on the creation of your documents. He has legal assistants, clerks and a host of others (and even far off computer programmers) who are necessary to provide you this service.

Assuming that his system assists with the transfer of your assets to your trust, his team then interacts with your financial advisors, banks and trust companies to ensure that all of your assets are properly titled into your revocable trust and that the proper beneficiary designations have been named. To prove my point that your estate plan is something more than the transfer of capital wealth upon your death, if you should become disabled, then you can see how more cooperation among strangers becomes beneficial.

A good estate plan will put into motion the installment of your successor trustee and perhaps your agent under a durable power of attorney document who will now interact with your financial institutions to write your checks, pay your bills and manage your assets. Your trustee may be a loved one or it may be a professional. In either event, many others will be cooperating to ensure that your affairs are kept in proper order and that you are well taken care of.

I make the argument that a good estate plan is worth more to the client than it is to the client's beneficiaries for this very reason. That's why it's so important to have the triumvirate of a good estate planning attorney, CPA and financial advisor because, at some point, we all decline and become vulnerable. Waiting until something tragic happens is asking for what I call a "transition in a time of crisis," which nobody wants to have happen.

Too often clients rely simply on family members rather than developing relationships with "strangers" such as attorneys, CPAs, trust officers, bankers and financial advisors. When you engage these professionals for a mere transaction – drafting an estate plan for example rather than developing an ongoing relationship with you on a constant basis to keep your estate plan up to date – you are not using all of the true resources in our capitalistic society.

There's an inherent problem with working with professionals on a strictly transactional basis while relying solely on family members. Your adult children and other loved ones lead busy lives and may reside hundreds, if not thousands of miles away. The better course of action is to transform strangers into confidants who will be there to support you and your family when they are most needed. This way, your team of professionals can cooperate and support you and your family.

Capitalism and the technology supporting it are only going to improve over the coming years and decades. Like a good capitalist, look at your estate plan in a different way – as a valuable tool to preserve and protect what you've worked so hard to earn over the course of a lifetime.

©2019 Craig R. Hersch. Learn more at [www.sbslaw.com](http://www.sbslaw.com).\*

## Series On Medical Breakthroughs Begins January 22

**S**hell Point kicks off its 4th annual Medical Breakthroughs & Discoveries series with a presentation by Dr. Shane Shapiro at the Village Church at Shell Point on Tuesday, January 22 at 7 p.m. This educational health care program, entitled Clinical Applications of Regenerative Medicine, is free and open to the public. For more information or to register, call 433-7936.

Dr. Shapiro is a nationally recognized physician and the medical director of the regenerative medicine therapeutics program at the Mayo Clinic Center for Regenerative Medicine. During the presentation, he will describe the current state of regenerative medicine applications available to patients in clinical practice. He will also debunk many of the myths and misleading information accompanying such treatments while highlighting legitimate progress in the field, such as the use of stem cells that may become available in the near future.

The Medical Breakthroughs & Discoveries series is an annual



Dr. Shane Shapiro photo provided

community health care speaker program that serves as a resource for residents in the greater Fort Myers area. All events are free to the public and held in the Village Church auditorium on The Island at Shell Point, located at 15100 Shell Point Boulevard in Fort Myers. To learn more, visit [www.legacyshellpoint.org](http://www.legacyshellpoint.org).\*

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## Mayor To Address Republicans

On Saturday, January 19 at 10 a.m., Sanibel Mayor Kevin Ruane will speak at the first Sanibel-Captiva Republican Caucus meeting of the new year. The meeting, open to the public, will be held in Fellowship Hall at Sanibel Community Church, located at 1740 Periwinkle Way.



Kevin Ruane

Ruane, who studied accounting and taxation at Pace University, was a senior executive in both large and small companies. After visiting Sanibel for many years, he became a full time resident in 2004. The following year, he started Castleton Capital, a company that finances small businesses throughout the U.S.

Ruane was elected to Sanibel City Council in 2007, and was appointed mayor by his peers in 2010, a position he has held for nine consecutive terms. In 2018, he was appointed to the Florida Municipal Investment Trust Board of Trustees and elected president of the Florida League of Mayors Board of Directors. He has received several awards recognizing his

accomplishments, including the 2017 Florida League of Cities Home Rule Hero award.

Ruane will talk about his goals for Sanibel and issues affecting the city. Refreshments will be served. For more information, call Will Smith at 395-0819.

Future Republican Caucus talks will be held at the Sanibel Public Library. Scheduled speakers include: Lee County Sheriff Carmine Marceno, February 16; Lee County School Superintendent Gregory Adkins, March 16; and Congressman Francis Rooney, tentatively April 20.\*

From page 10B

## Rotary

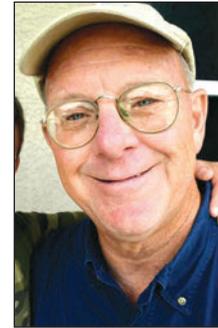
directly touching their hearts and souls. Emotions from joy to sadness are felt by audiences and may help them understand their own life story and teach them powerful lessons on the human spirit.

I haven't touched on half of the work the Rep does to educate the children of our community from acting lessons, school educational programs, school vacation theater camps and live children's theater, but you get the idea. Theater teaches us all to relate to each other in a special way, and keeps history and traditions alive for future generations.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.\**

## Democratic Club Meeting

On Thursday, January 17, Florida Weekly columnist Roger Williams will be the featured speaker at the regular meeting of the Democratic Club of the Islands. The meeting, which is free and open to the public, will take place at 7 p.m. at The Community House, located at 2173 Periwinkle Way.



Roger Williams

Williams was born in Colorado, and majored in classics at the University of Kansas. He spent time in military service after college, taught Latin and English for a couple years, and worked as a public relations writer for several colleges. He then enrolled at the Columbia University Graduate School of Journalism, graduating in 1993. He went to work at the *Asbury Park Press*, then later *The News-Press* in Fort Myers, the *New Times* in Broward County, and then to *Florida Weekly*, where he's served as the paper's columnist and general assignment writer since its inception in 2007.

A Naples exhibit of 100 Associated Press photos of World War II helped Williams focus his own writing and thinking about freedom of speech, and the value and power of the First Amendment. Williams is married to *The*

News-Press writer Amy Bennett-Williams.

Attendees will have the opportunity to ask questions regarding journalistic strategies to impart information and how to be an active part of the process of imparting information.

Anyone concerned with First Amendment rights is invited to attend and participate in the Q&A session. For more information, call 634-4295 or email demclubislands@gmail.com.\*

## Singers Needed

The Boston Red Sox are currently looking for new talent to fill approximately 17 spots to perform the National Anthem for the upcoming 2019 Spring Training season at JetBlue Park.

Auditions will be held at JetBlue Park, located at 11500 Fenway South Drive in Fort Myers, on Wednesday January 16 from 5 to 7 p.m. and Thursday, January 17 from 4 to 7 p.m. All ages are welcome to audition. Reservations must be made in advance by calling Jenna Doak at 226-4707 or emailing jdoak@redsox.com. If you is unable to attend these dates, you can contact Doak about submitting an audio recording. All reservations must be made by Friday, January 11 at 4 p.m. Space is limited.

The Red Sox open its 17-game exhibition season on Friday, February 22 at 1:05 p.m. against the Northeastern University Huskies.

For more information, call 226-4783 or email jbpvents@redsox.com.\*

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# Spring Training And Championship Golf Just A Few Weeks Away



by Ed Frank

**D**o you realize that in just one month, the sound of baseballs booming into catcher's gloves will be heard at JetBlue Park and CenturyLink Sports Complex?

Yes, Spring Training for both the Boston Red Sox and the Minnesota Twins begins in just a month when pitchers and catchers for both teams report February 13 and full squad workouts commencing five days later. Many of the players will be working out here before those dates.

Here's another major sporting event in our area just a few weeks away – the Champions Tour Chubb Classic has moved to Lely Resort in Naples for the popular tournament on

February 11 to 17.

The Chubb Classic in its 32nd year is the longest running golf tournament on the senior circuit played in the same metropolitan area, testimony to the success of the event.

Let us review briefly what we can look for in just a few weeks:

### Boston Red Sox:

The World Series Champions, winners of four titles in the last 14 years, a record unmatched in modern baseball history, return here with a power-backed team that already is a favorite to capture the 2019 World Series.

We would expect some World Series celebrations here this spring when the team and the treasured World Series Champion Trophy arrive in Fort Myers.

A limited number of single game Spring Training tickets can be purchased at the JetBlue Park box office or online at [www.redsox.com](http://www.redsox.com). As has been the case year after year, all of the games sell out.

The Red Sox begin their Spring Training schedule with an exhibition game February 22 against Northeastern University. The very next day, they start their Grapefruit League schedule in JetBlue Park against their arch-rival New York Yankees at 1:05 p.m.

### Minnesota Twins:

When the Twins arrive in Fort Myers next month, it will be with a different look after finishing the 2018 season at 78-84, 13 games behind American League Central Division Champion Cleveland.

Rocco Baldelli is the new Twins' manager and, at age 37, is the youngest manager in the Major Leagues. Minnesota recently signed home run slugger Nelson Cruz, made significant changes to the coaching staff and Twins' icon Joe Mauer retired after 15 seasons with the club.

Like the Red Sox, Minnesota begins their Spring Training schedule on February 23 with a split-squad home game with the Tampa Bay Rays. It has a 6:05 p.m. start.

Spring Training tickets are now on sale at the Hammond Stadium box office on online at [www.twinsbaseball.com](http://www.twinsbaseball.com). Prices range from \$12 to \$30 with several ticket promotions available.

### Chubb Classic:

After seven years at the TwinEagles Golf Club in Naples, the tournament will be held at the Classic Country Club at the Lely Resort where it was last played in 1996.

The course was designed by Hall of Famer Gary Player and is a par 72, 6,714-yard championship layout. The one year the tournament was played at Lely it was won by Al Geiberger.

Last year, at TwinEagles, Joe Durant birdied the last two holes to hold off Steve Stricker to win the tournament. Durant is expected to return to defend his title this year.

There are a number of single day and weekly ticket packages available at [www.chubbclassic.com/tickets](http://www.chubbclassic.com/tickets).

Snowbirds, visitors and Southwest Florida residents are in for major sporting events in just a few weeks.✪

## SPORTS QUIZ

1. How many major-league teams have won 20 or more consecutive games in a season?
2. Name the last team to win back-to-back World Series.
3. In 2017, Le'Veon Bell set a Pittsburgh Steelers record for most rushing yards in a playoff game (167). Who had held the mark?
4. When was the last time before 2018 that the Loyola (Ill.) men's basketball team made the NCAA Tournament?
5. How many consecutive playoff series did the New York Islanders win in the 1980s before Edmonton beat them in the 1984 Stanley Cup Finals?
6. When was the last time before 2018 that a U.S. female speedskater won a medal at the Winter Olympics?
7. Golfer Phil Mickelson holds the record for competing in the most Ryder Cups. How many?

## ANSWERS

1. The 1916 New York Giants (26); the 2017 Cleveland Indians (22); the 1935 Chicago Cubs (21); and the 2002 Oakland A's (20). 2. The New York Yankees, in 1999 and 2000. 3. Franco Harris, with 158 yards in 1975. 4. It was 1985. 5. Nineteen series. 6. In 2002, both Christine Witty and Jennifer Rodriguez won medals. 7. Twelve.

## Recycle For Sight Collections Up In December

**T**he Sanibel Captiva Lions Club continues collecting used prescription eyeglasses as part of its Recycle for Sight program. In December 2018, a total of 331 glasses, lenses and cases were collected. Donations were up by 72 percent compared to November 2018, with an end-of-calendar-year total of 1,596 items.

"We had a very nice uptick in collections versus November 2018 and are grateful for the community's support in this valuable program," said program coordinator Rick Wagner.

Donated glasses are cleaned and processed by Lions for distribution in needed areas of the United States and throughout the world. Donations of prescription glasses, reading glasses, prescription sunglasses, cases and hearing aids can be made in any of the specially-marked Recycle for Sight boxes or to a neighboring Lion.

Recycle for Sight boxes can be found at the following locations:

Sanibel – Ace Hardware, Bank of the Islands, Bailey's General Store, Island Pharmacy, Sanibel Captiva



image provided

Community Bank (on Library Way and Periwinkle Way), Sanibel Community Church, Sanibel Public Library, Sanibel Eyecare, Senior Center – Center 4 Life.

Captiva – Bank of the Islands  
Fort Myers – Shell Point Community Thrift, Southwest Florida Eye Care

The SanCap Lions meet on the first and third Wednesday at 6 p.m. for social hour at The Community House. Meetings feature a guest speaker and dinner catered by Sanibel Catering Company by Bailey's. Those who wish to attend a meeting and have dinner should contact Lion Steve at 233-6291 or Lion Jeff at 302-521-1158.✪

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## Bike Club Begins New Year With Annual Ride And Sing-A-Long

Forty members and guests took part in the Sanibel Bicycle Club annual New Year's morning Spanning The Years ride on January 1. The course started at The Community House and included an optional over-the-causeway leg before ending at Lighthouse Point Condominiums for refreshments and the annual Bicycle Club anthem sing-a-long.

Marj Nordstrom, a founding member of the club, and Steve Garrett, anthem lyricist, lead the singing every year.

"The Sanibel Bicycle Club has many more great activities planned for the rest of this year," said Mary Miller, twice past president. "Everyone is welcome."

The Sanibel Bicycle Club combines cycling and social events with active support of safe biking practices and improved cycling infrastructure. Since inception in 1984, advocacy events have included the annual shared use path cleanup, Bikes for Immokalee, bike training rodeos, bike safety quiz, helmets for The Sanibel School, the bicycle safety program, Ride of Silence, Bikes Belong Coalition, Shared Use Path Welcoming Center and Bike Walk Lee. For more information, visit [www.sanibelbicycleclub.org](http://www.sanibelbicycleclub.org).✪



From left, Marj Nordstrom, Steve Garrett and Mary Miller photo provided

## Ownership Change For Miracle Baseball

The Fort Myers Miracle Baseball Club announced this week that Andrew Kaufmann (Kaufy Baseball, LLC) closed the acquisition of the controlling ownership interest in the team and will be the new managing owner, effective immediately.

Kaufmann takes over for Jason Hochberg (SJS Beacon Baseball, LLC), who will continue as a minority partner in the club. Chris Peters will also remain as president and general manager. Under Hochberg's leadership, the Miracle won two championships in five years, most recently in 2018.

"As a lifelong baseball enthusiast, I am fired up for the opportunity to not only continue the tradition of excellence that this club has enjoyed since its inaugural season in 1926, but also to invest in new ways to enhance the fan experience for years to come," Kaufmann said. "We plan to continue to make Hammond Stadium the number one destination for affordable family fun in Southwest Florida."

The Miracle will continue as the Class-A Advanced Affiliate of the Minnesota Twins and to assist the Twins with Spring Training operations. Kaufmann expressed his thanks for their support and longstanding partnership since 1992. Hochberg is also optimistic about the future and happy to remain on board.

"It has been a true honor to own the

Miracle since 2014," Hochberg said. "The fans will love Andrew and he will be a frequent presence at beautiful Hammond Stadium. Lee County and the Twins have been, and will continue to be, tremendous partners of the Miracle. I am excited to see the club reach new heights under Andrew's strong leadership and grateful to remain a part of the team."

The Miracle will celebrate their 2018 FSL Championship in 2019 with the best promotional schedule in their history. The number one focus will be on fun and the fan experience.

"I could not be more excited about the future of the Miracle organization," Peters said. "We have a solid foundation in place and Southwest Florida continues to be one of the fastest growing areas in the nation. Our potential is unlimited."

Kaufmann, who is originally from New York, currently makes his home in Jacksonville, Florida. He and his family plan to live in Bonita Springs for most of the baseball season.

"The Twins and Miracle have been partners in Lee County for over 25 years and we welcome Andrew Kaufmann to that partnership," Twins Director of Minor League Operations Jeremy Zoll said. "We are excited by Andrew's ideas for Twins and Miracle fans in Southwest Florida. Baseball games are back in Fort Myers starting February 23 with our first spring training game and we are ready to work with Andy and the Miracle staff all throughout the baseball season."

Miracle Opening Night is Thursday, April 4 against Charlotte at Hammond Stadium.✪

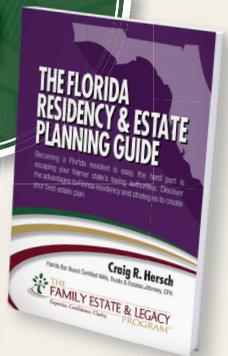
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Friday, February 1

2:00 p.m. – 4:00 p.m.

Naples Daily News  
Community Meeting Room  
1100 Immokalee Road  
Naples, FL 34110

Tuesday, February 5

2:00 p.m. – 4:00 p.m.

First Assembly of God Church  
4701 Summerlin Rd  
Fort Myers, FL 33919

Wednesday, February 6

2:00 p.m. – 4:00 p.m.

Sanibel Community House  
2173 Periwinkle Way  
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## Superior Interiors

## Look To The Outdoors



by Marcia Feeney

Looking to expand your home's living area? Look to the outdoors! Let's explore some innovative ways to enhance (or create) an area for outdoor living.

Previously unused space can be easily enhanced with lighting and accessories, even artwork can be incorporated into an outdoor setting. Keep in mind color, function and comfort. Outdoor seating doesn't always have to be wicker or rattan. The addition of finishes such as textured stone, architectural details, wood ceiling enhancement can upgrade a patio, porch, or lanai area.

Outdoor expansion can also be in the form of a charming gazebo with adjoining paver area or an open-air addition (loggia) adjacent to the pool to create usable space for entertaining. Try to form multiple seating areas if space provides. The addition of pavers can provide an accent to transition and expand an existing patio area. Built-in benches enhanced with custom cushions can create the impression of a separate space and provide cozy seating areas.

How about an outdoor kitchen? What a great way to enjoy the outdoors that is perfect for entertaining. These can be as well appointed as their indoor counterpart. Think about including outdoor media with the addition of TV or movie projectors.

Another popular enhancement to outdoor living spaces is the addition of a water or fire feature. What unexpected drama! If there is no room for a fireplace, there are options. Many manufacturers are adding fire features to their furniture offerings. They can be supplied by electric, propane tank or sterno cylinders. Portable fire and water features are available in many versions that can easily be placed on a tabletop or hung on the wall.

To maximize personal living space or create new options for entertaining guests, look to the outdoors.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at [marcia@coincdecn.com](mailto:marcia@coincdecn.com).

## Flu Cases On The Rise: Know Where To Go For Care

Lee Health has experienced a sharp increase in flu cases recently – jumping from fewer than 90 cases during the week of December 8 to more than 310 cases during the week of December 23.

As flu season continues to ramp up, it's important for the community and seasonal visitors to take preventive steps to keep

themselves and their loved ones safe. Lee Health encourages everyone to:

Get the flu vaccine, as well as the pneumococcal vaccine (a secondary illness), if you are able.

Stay home when you are ill – especially do not visit the hospital if you have flu-like symptoms.

Avoid bringing children under age 12 to hospitals when possible.

Cover your cough and, if you use a tissue, dispose of it in a waste receptacle.

If you experience signs and symptoms of flu, avoid the emergency departments and instead visit your primary care doctor, a Lee Health Convenient Care walk-in or urgent care center. They can diagnose and treat flu.

Throughout flu season, Lee Health's Mary Beth Saunders, DO, system medical director of epidemiology and infection prevention, gives a reminder on some of the various places you can catch the flu and other germs, including:

Restrooms – buttons, levers, handles, any high-touch area

Buttons and handrails – ATMs, store checkouts, staircases, elevators, escalators

Gym equipment

Shopping carts

Gas pumps

Desks – keyboards, phones, mouse, stapler, pens

Handshakes

Kitchen sponges, handles, countertops

Accessories – purses, jewelry

To combat these germs, use hand sanitizer, practice good hand hygiene – wash hands often, wipe down surfaces before touching them (i.e., gym equipment, shopping carts) – and avoid touching your face after touching these surfaces.\*

## Alzheimer's Family Caregiver Presentation

The Alvin A. Dubin Alzheimer's Resource Center, in collaboration with Florida Gulf Coast University, will present a family caregiver presentation, Enhancing Caregiving Skills Through OT Techniques and the Allen Cognitive Levels, at the center on Thursday, January 29 from 10 a.m. to noon.

Guest speaker Brigitte Belanger, DSc, OTR/L from Florida Gulf Coast University, will offer practical and concrete occupational therapy suggestions to develop a safe and productive living environment for those with Alzheimer's disease and their caregivers. She will also speak on the use and value of the Allen Cognitive Levels Screen in determining functional cognition and optimal performance in order to enhance quality of life for both caregiver and the person with memory impairment.

The presentation is open to all family caregivers caring for someone with Alzheimer's disease or a related dementia and is designed for spouses, families or other primary caregivers.

The Alvin A. Dubin Alzheimer's Resource Center is located at 12468 Brantley Commons Court in Fort Myers. To RSVP by January 28, contact Mary Freyre, RN, health education specialist at the Dubin Alzheimer's Resource Center, at 437-3007. Seating is limited.\*

## Medical Director To Speak On Healthy Eating

As part of the National Speakers' Series, Lee Health will present Dr. Garth Davis at First Christian Church on Saturday, January 12 at 9 a.m. Dr. Davis is a nationally recognized author, speaker and medical director of the Mission Hospital Weight Management Program in Asheville, North Carolina.

The author of *Proteinaholic* will speak about how our obsession with meat is killing us and what we can do about it. The free talk is open to the public.

Dr. Davis attended medical school at Baylor College of Medicine and graduated in the top 10 percent. He completed his residency at the University of Michigan in Ann Arbor. In Houston, Texas, Dr. Davis established The Davis Clinic and was assistant professor of surgery at the University of Texas-Houston. He is certified by the American Board of Surgery and is a fellow of the American College of Surgeons and a fellow of the American Society for Metabolic and Bariatric Surgery. Dr. Davis is boarded in medical management of obesity and



Dr. Garth Davis photo provided

is a recognized expert in initial bariatric procedures as well as revisional bariatric surgery.

First Christian Church is located at 2061 McGregor Boulevard in Fort Myers. To register, visit [www.leehealth.org/classes](http://www.leehealth.org/classes). For more information, call 424-3234.\*

## Doctor and Dietician

## Is It Normal To Wake Up Stiff And Achy?



by Ross Hauser, MD and Marion Hauser, MS, RD

We recently read a paper that stated, "Scientists have discovered that we wake up stiff because our body's natural ibuprofen has not kicked in yet. Researchers at the Center for Endocrinology and Diabetes at University of Manchester's Institute of Human Development state that by understanding how the biological clock regulates inflammation, we can begin to develop new treatments, which might exploit this knowledge." This means more anti-inflammatory drugs! This, however, is incorrect. Osteoarthritis, also known as degenerative joint disease and chronic pain are not due to excessive inflammation. Most patients, and even their healthcare providers, are unaware of the true diagnoses that lead to pain/injury: destructive joint motions caused by ligament injury. Very small millimeter movements can produce excessive motion leading to joint instability.

Much like a loose hinge on a cabinet door needs tightening, the supporting joint

and spine structures also need tightening. The treatment that tightens these loose structures is called proliferative injection therapy or prolotherapy. Prolotherapy injections are given at the sites where the ligaments attach to the bones, thus stimulating healing cells, including your own stem cells, to repair the body's injuries. Many people regain full function and are able to enjoy active, healthy lives avoiding surgery and chronic pain medications.

It is vital to remain active even after receiving prolotherapy treatments. We cannot stress the importance to continuing to keep moving every day. Sanibel Island is known for being one of the best places to stay active all year round. We are so blessed to be able to use the amazing multi-use paths that cover Sanibel to Captiva, as well as our famous beaches or sunset while finding shell treasures along the way. See you out there!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*

From page 15B

## Energy Healing

protecting yourself from toxic personalities; trauma betrayal and its effects on the brain; and finding self-love and reclaiming your true power.

The entrance fee is \$195, which includes lunch and beverages, and can be mailed to: Constance Clancy, P.O. Box 82, Snowmass, CO 81654. RSVP via email to [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com). For more information, contact Brooke Brownyard at [sanibelbrooke@aol.com](mailto:sanibelbrooke@aol.com) or 281-4179.\*

dearRPharmacist

## Startling Reasons To Be Less Nice This Year



by Suzy Cohen, RPh

**D**ear Readers: I propose that in 2019, you be less nice as a method of improving your health and mental well-being. It's a good resolution, and one that you can actually stick to.

Let's go over the six startling benefits of not being nice:

1. You have more time – When you stop saying yes to doing things and going places that don't bring you enjoyment, you regain precious time in your own schedule. Remember, people's agenda are most important to them, but as they try to claim your time, once that time is spent by you, it's literally gone forever.

2. You will have more energy – It's liberating sometimes when you are disconnecting from a situation, person, job or relationship that has been weighing on you for years. On the days that you feel overly tired, or spent, ask yourself, "What is on my agenda, or who am I meeting with today that is weighing me down?"

3. You will feel empowered – Have you ever wished your time was spent doing something different, but it was too late? You have the power to say 'yes' or 'no,' as well as the power to decide what to do with your time. It's not infinite so spend it wisely. When you say 'no' to someone else's plan for you, you are simultaneously saying 'yes' to your own plan.

4. You'll feel less anxiety and sleep better – When you spend months in frustration mode, or ruminate, you figuratively chew something in your mind over and over. Every thought you have squirts out a chemical that locks you into "sympathetic" alarm. This blunts your parasympathetic nervous system, the ones that allow you to rest and digest.

5. You'll develop stronger relationships – You'll lose friends, you might become estranged from siblings so don't be surprised. I've warned you. People don't like to cut off from their source of help, their battering board, or their support system. Being less nice will ultimately translate to stronger relationships, as people will like you for who you are.

6. Your schedule becomes more reliable – Nice people have erratic schedules because they jump to it when others are in need. When you become 'not nice' and stop agreeing to someone's sudden whim for you, or perceived emergency, your schedule suddenly becomes more reliable, decluttered and more efficient.

So, at this point, let me ask you: Can you be less nice this year? Being warm, enthusiastic, upbeat, affirming and kind is important. I used to be a saint, but full disclosure... I've put down my crown. It's exhausting. Go to [www.suzycohen.com](http://www.suzycohen.com)

and sign up for my newsletter, and I will send you everything you need to do, say and read in order to reclaim your life.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).* ✨

## Healthy Lee Community Challenge

**C**an Lee County collectively log one million miles in less than three months? If you ask Healthy Lee, the community collaboration made up of local businesses, health, government school, religious and community organizations committed to building a healthier Lee County, the answer is a resounding "yes!"

The Million Mile Movement, Lee County's journey to better health, kicks off January 15 and is open to individuals and teams of all ages and fitness levels.

"The Million Mile Movement is a great way to unify our community around the shared goal of better health and well-being. We encourage everyone in Lee County, from gated communities, neighborhoods, clubs, businesses, churches and families to participate," said Gary Griffin, Healthy Lee chair and president and CEO of B&I Contractors, Inc. "A million miles is a long way to go, so we need as many participants as possible."

Registration is now under way. Log on to the [www.healthylee.com](http://www.healthylee.com) to register individually. If you would like to create a team, email [Cheryl.Schlichte@LeeHealth.org](mailto:Cheryl.Schlichte@LeeHealth.org) and let her know your team name. If you include a thumbprint logo, she will let you know as soon as your team is set up. You can then have your team members log on to sign up for your team challenge.

During the challenge, the MyWellness mobile app will automatically sync with participants' fitness tracking devices (Fitbit, Apple Watch, etc.) or cell phone to track steps. They can also enter their daily exercise on the MyWellness App, which they will download after registering from a computer and receiving their confirmation email. Just follow the prompts. The easy-to-use website and mobile app allow participants to track their physical activity, such as walking, running, biking and swimming, to reach the million-mile goal. The site also offers a conversion tool to help translate a variety of healthy activities into miles.

For more information or to register, visit [www.healthylee.com/news-events/million-mile-movement](http://www.healthylee.com/news-events/million-mile-movement). ✨

## Overeaters Anonymous

**I**f food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit [www.southwestfla.org](http://www.southwestfla.org).

Sanibel Community Church is located at 1740 Periwinkle Way. ✨

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** My boyfriend and I are debating over signs of lust and love. Can you please explain the differences?

**A:** If you want a genuine partner who is not simply an affair, you would do well to examine these differences between lust and love:

### Signs Of Lust

Your main focus is on someone's appearance and body

You mainly are interested in sex and not interested in truly getting to know one another on a deeper level

You are lovers but not really friends

You would rather keep the relationship on a fantasy level

Your intuition may tell you this is not a safe situation to become involved

### Signs Of Love

You want to get to know this person on a deep level and connect in mind, body, emotions and spirit

Your intuition is telling you this is a safe, comfortable situation

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SANIBEL COMMUNITY ASSOCIATION

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The Founder's Room



RSVP Rachell Vera at 239-303-4069  
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Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
<b>ARTS</b>	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	277-1700
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
Symphonic Chorale of SW Florida .....	560-5695
<b>CLUBS &amp; ORGANIZATIONS</b>	
ABWA - American Business Women's Assoc ..	http://abwasanibelcaptiva.org
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
COTI Committee of the Islands .....	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
Democratic Club of the Islands .....	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211 .....	984-5920
FISH OF SANCAP Neighbors Helping Neighbors .....	472-4775
FISH. OF SANCAP 24-hr service .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie .....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. .....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	facebook.com/sancapshellclub
Sanibel Youth Soccer .....	www.sanibelsoccer.org
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
<b>ISLAND ATTRACTIONS</b>	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
press@islandsunnews.com

# PETS OF THE WEEK

photos provided

## Lee County Domestic Animal Services

### Missy And Magic

**H**ello, my name is Missy. I am a 5-year-old female Jack Russell terrier mix who is a tricolor beauty. They say I am shy at first, but once I feel at ease, I will repay you with kisses and love. I thrive on attention and like to go for walks outside. I am patiently waiting for my person to come to LCADS and find me so that we can go for a long walk either on the beach or even downtown. I won't be picky!



Missy ID# A631236

My adoption fee is \$25.  
**H**i, I'm Magic. I am pawsitively one beauty of a feline. I am a 2-year-old male domestic medium hair who would love for you to sit and brush my gorgeous black coat. I am the epitome of the saying, "I am handsome, and I know it." I like to play with the other cats in our free-roam room

so I would be great to take home with a buddy. And, as always, the cat adoptions are adopt one take a feline friend home at no additional charge.

My adoption fee is \$50.

Lee County Domestic Animal Services invites you to make "Skip the Jog and Walk a Dog" your New Year's resolution this year. Include pets as a part of your New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year. The adoption fee for all dogs over 6 months in age will be just \$25 through January 31 to assist potential pet owners in finding a new exercise partner and best friend.



Magic ID# A763174

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.\*

## Haven on Earth Animal League

### Lily And Sylvia

**H**i, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center.

Hello, I'm Sylvia. Aren't I just adorable? I'm only 6 months old and a very sweet little girl. I'm currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

We are being cared for by Haven on Earth Animal League. For more information,



Lily



Sylvia

call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).\*

## PAWS Of Sanibel

### Brava And Lucy

**T**wo very unusual and beautiful sisters are up for adoption. One is tortoiseshell cat with white or calico features, while the other is a dilute tortoiseshell.



Brava



Lucy

These photos do not do them justice, as they are much more adorable in person. Adopt one, or keep them together and adopt both. They are four and five months old. They come with complete vet check-up, all shots, tests, wormed, treated with flea preventative and spayed. Call Pam at PAWS at 472-4823 to adopt one or both.\*

### Sonny And Cher

**T**his is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens



Sonny



Cher

were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.\*

## New Year's Kittens

**P**ictured are the three remaining PAWS kittens.



Donner, Cupid and Comet

Donner, Cupid and Comet are so adorable. Cupid, in the middle, is the only remaining female. These kittens are very sweet and now 10 weeks old. The only folks that came to see them left with two kittens. Maybe there's someone out there that will take home triplets. They are too cute to choose. Call Pam at 472-4823 to come spend time with these precious little babies.\*

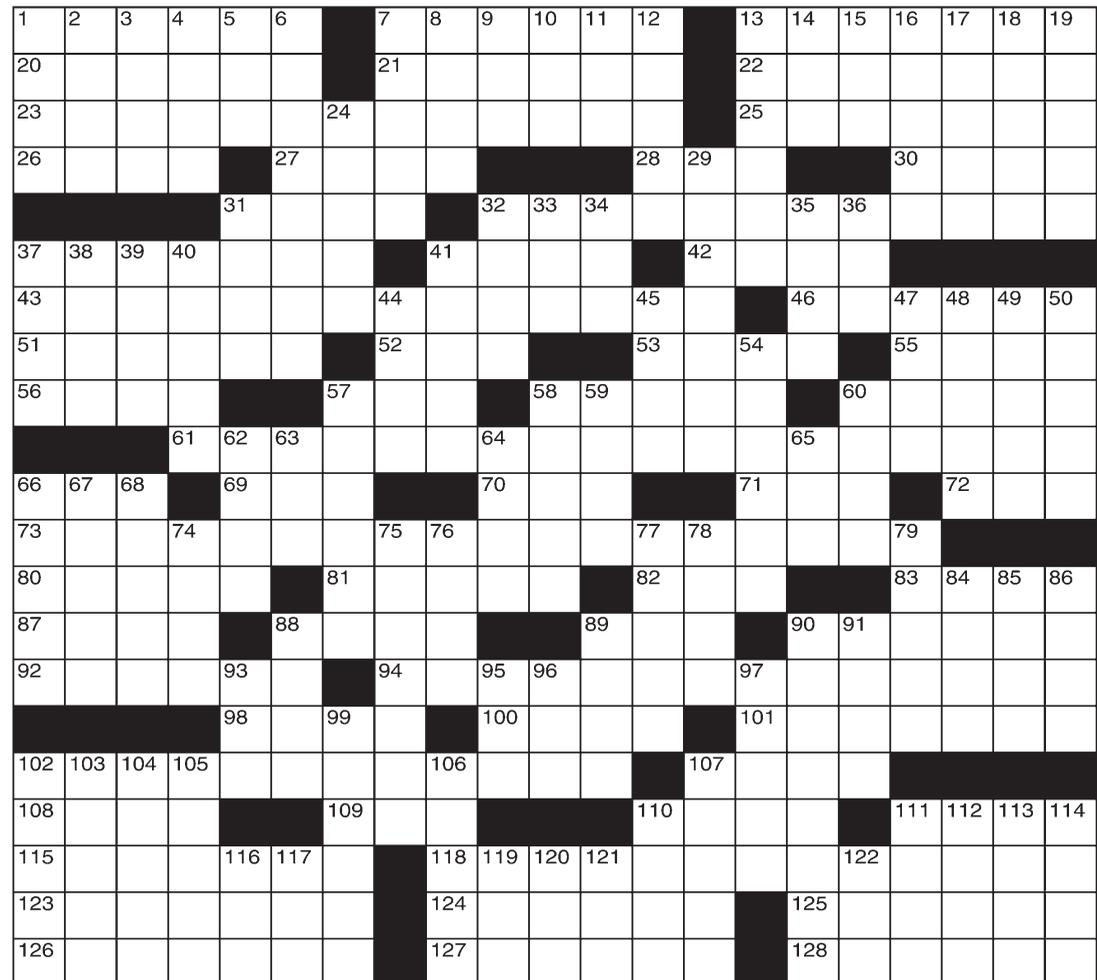
# PUZZLES

Answers on page 29B

## Super Crossword

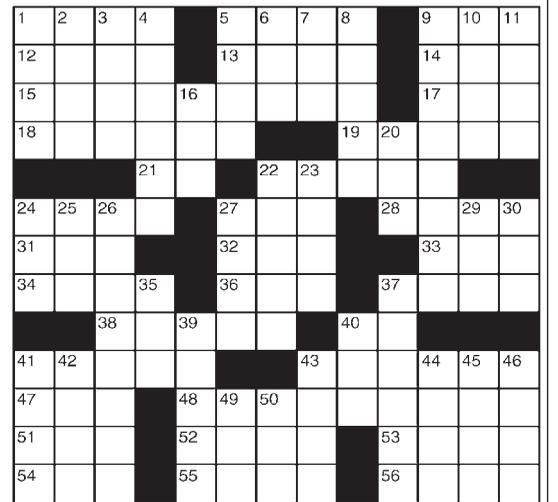
THIS IS REALLY BIG

- ACROSS**
- 1 He drew "Li'l Abner"
  - 7 Stands up to
  - 13 Disdainful lip-curler
  - 20 Roving vacuum cleaner
  - 21 Delphi diviner
  - 22 Lilted song syllables
  - 23 Big mollusk of Antarctic seas
  - 25 Birds such as emus
  - 26 Box gently
  - 27 Golf stroke
  - 28 Ending for enzymes
  - 30 Cue or clue
  - 31 From quite a distance
  - 32 Big tree of California
  - 37 Per routine
  - 41 Super-slow
  - 42 Red-haired biblical twin
  - 43 Big dissimilarity
  - 46 Rarely
  - 51 "Bam!" chef Lagasse
  - 52 Cholera
  - 53 Nashville's Grand Ole —
  - 55 Gutter place
  - 56 Work over
  - 57 Big fuss
  - 58 Trump's wife after Ivana
  - 60 One laying down asphalt
  - 61 Big project
  - 66 "I've got it!"
  - 69 Motor oil brand
  - 70 Actress Meyers
  - 71 W-2 org.
  - 72 Boise-to-Las Vegas dir.
  - 73 Big military counterstrike
  - 80 Author Loos
  - 81 Revolt
  - 82 Cloud setting
  - 83 Jazzy singer — James
  - 87 Coke, e.g.
  - 88 Deviate
  - 89 Boxing legend
  - 90 Knocks off
  - 92 — Nevadas
  - 94 Big job
  - 98 "Nay" caller
  - 100 Slaughtering baseball
  - 101 Categorizes
  - 102 Big pickup in an exhibition
  - 107 Pot builder
  - 108 See 86-Down
  - 109 Yank's home
  - 110 Nativity scene trio
  - 111 Gulf country
  - 115 Facial looks
  - 118 Big home loan
  - 123 Hillary's peak
  - 124 Kindle
  - 125 More greasy
  - 126 Snuggles
  - 127 Robbing jobs
  - 128 Requisite
  - 16 Former state secretary
  - 17 Secant, e.g.
  - 18 1985 Kate Nelligan
  - 19 Worshiper of Jah, in brief
  - 24 "Two and — Men"
  - 29 Church part
  - 31 Q7 carmaker
  - 32 "Friday the 13th" staple
  - 33 Eisenhower, informally
  - 34 Objectivist Rand
  - 35 Unhurried
  - 36 "— Sera, Sera"
  - 37 State firmly
  - 38 Unaltered
  - 39 Well-trodden
  - 40 Thurmond of politics
  - 41 Ross of politics
  - 8 Once, in the past
  - 44 Classic canine name
  - 45 Power strip attachment
  - 47 Plumbing problem
  - 48 Bette of film
  - 49 Cakes bake in them
  - 50 Form a union
  - 54 Infrequently seen thing
  - 89 Hectically
  - 90 Skillet alloy
  - 91 Apart from that
  - 93 Squealer
  - 95 Opposite of old, in Ulm
  - 96 Pop's bro
  - 97 Dance that "takes two"
  - 99 Believes (in)
  - 102 Master
  - 103 Antipasto bit
  - 104 Snouts, e.g.
  - 105 Opening
  - 106 Kingly Indian
  - 107 Willie of "Charles in Charge"
  - 110 Over half
  - 111 Stare at rudely
  - 112 — of honor
  - 113 "A Death in the Family" writer
  - 114 Uncool type
  - 116 Salon stuff
  - 117 Suffix of dialects
  - 119 Ending with script
  - 120 Me, to Fifi
  - 121 Greyhound fleet unit
  - 122 Game draw



## King Crossword

- ACROSS**
- 1 Gumbo ingredient
  - 5 MasterCard alternative
  - 9 Night flier
  - 12 Conks out
  - 13 State with conviction
  - 14 Formerly called
  - 15 Healing
  - 17 1933 dam org.
  - 18 Porter
  - 19 Different
  - 21 What @ means
  - 22 A crowd?
  - 24 Soon, in verse
  - 27 Exist
  - 28 Cain's pop
  - 31 Chaps
  - 32 Workout venue
  - 33 Eggs
  - 34 Cookware
  - 36 Cleopatra's slayer
  - 37 Dance lesson
  - 38 Core
  - 40 "I think, therefore I —"
  - 41 Massage
  - 43 Meager
  - 47 Fresh
  - 48 Traveling, maybe
  - 51 George's brother
  - 52 Boyfriend
  - 53 Frat party garb
  - 54 Plaything
  - 55 Black, poetically
  - 56 Stalk
  - 8 Passion
  - 9 Promptly
  - 10 "— Only Just Begun"
  - 11 Shakespearian king
  - 16 Dine
  - 20 Afternoon affair
  - 22 Rendezvous
  - 23 Rope fiber
  - 24 Pump up the volume
  - 25 Ultramodern (Pref.)
  - 26 Getting there
  - 27 Culture medium
  - 29 "Hail!"
  - 30 Chart
  - 35 Vast expanse
  - 37 Intelligence
  - 39 Pueblo building
  - 40 Mimic
  - 41 Make booties
  - 42 Infamous fiddler
  - 43 Stay away from
  - 44 Source
  - 45 Wise one
  - 46 Cheese choice
  - 49 Kan. neighbor
  - 50 Confucian concept
- DOWN**
- 1 Smell
  - 2 Cattle, old style
  - 3 On pension (Abbr.)
  - 4 Depth charge
  - 5 Tempress
  - 6 "— Got a Secret"
  - 7 D.C. VIP



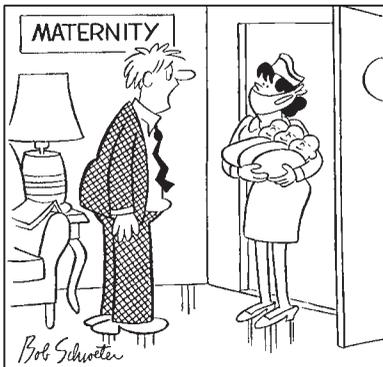
## MAGIC MAZE

RE-ELECTED TO A SECOND TERM

R J G D A X M V S E Q N K I D  
 F D A X W A S H I N G T O N N  
 V T Q L D O M S J H F C A O A  
 A Y W I U R E U P N L L T S G  
 N J S N H N F B D B E N N R A  
 Z O X C H V E W T V I O A E E  
 N R S O Q O O G E L M S R F R  
 K I W L R H F L C D B K G F D  
 Y E L N I K C M Z Y W C V E F  
 R T O R Q W O N L K I A H J F  
 A M A B O D C A Z X W J V U S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |            |           |          |            |
|------------|-----------|----------|------------|
| Cleveland  | G.W. Bush | Madison  | Reagan     |
| Clinton    | Jackson   | McKinley | Washington |
| Eisenhower | Jefferson | Monroe   | Wilson     |
| FDR        | Lincoln   | Obama    |            |



"There must be a mistake! I just bought a \_\_\_\_\_."  
answer on page 31B

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Span

Block

Take On

Sorrow

TODAY'S WORD

3			8			4		7
		7			2	8		
	6			3				9
2				6	4			8
	8				3			1
		3	2			5		
6				7		2		
		2	9					5
	1				8			4

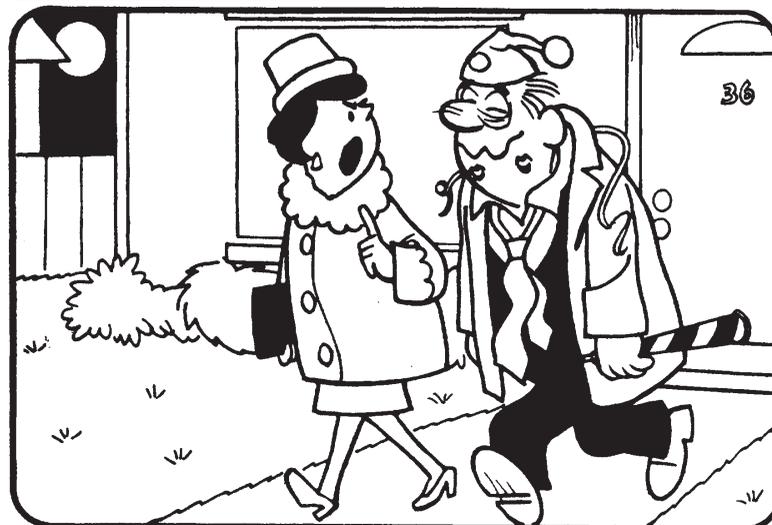
### SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

### HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Moon is missing. 2. Shutter is longer. 3. Coat is different. 4. Horn is missing. 5. Streamer is longer. 6. Number is transposed.

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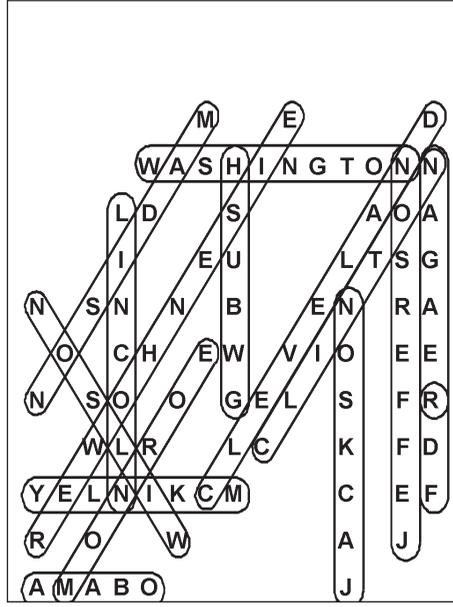
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 HEART AM  
 KNEAD SPARSE  
 NEW ONTHEROAD  
 IRA BEAU TOGA  
 TOY EBON STEM

## MAGIC MAZE



## SUDOKU

3	2	1	8	9	6	4	5	7
9	4	7	5	1	2	8	3	6
5	6	8	4	3	7	1	9	2
2	5	9	1	6	4	7	8	3
4	8	6	7	5	3	9	2	1
1	7	3	2	8	9	5	6	4
6	9	4	3	7	5	2	1	8
8	3	2	9	4	1	6	7	5
7	1	5	6	2	8	3	4	9

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2 bdrm/1 bath, East End, Nerita St. 1/2 of Duplex, bright, clean, walk to beach. Washer & dryer in unit, sundeck. Includes yard service & pest control. No Smoking/ No pets. \$1,700. Call Bob 410-913-2234.  
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2/1 on Main Street \$1,800  
2/2 on Sandpebble \$2,000  
Dogs okay.  
Call or text Bridgit @ 239.728.1920  
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727-644-6493  
1/11 ★ 1/18

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1/11 ★ 1/18

**MOMENTS IN TIME**

• On Jan. 18, 1882, AA Milne, creator of Winnie-the-Pooh, is born in England. In 1920, his only son, Christopher Robin, was born. In 1925, the family bought Cotchford Farm in Sussex. A nearby forest inspired the 100-Acre Wood where Winnie-the-Pooh's adventures would be set. *Winnie-the-Pooh* was published in 1926.

• On Jan. 17, 1916, professional and leading amateur golfers gather in New York City in a meeting that will result in the founding of the Professional Golfers Association. The first annual PGA Championship took place in October. James "Long Jim" Barnes defeated Jock Hutchinson, taking home a silver trophy and \$500.

• On Jan. 14, 1943, during World War II, Franklin Roosevelt becomes the first president to travel on official business by airplane. The secret and circuitous journey across the Atlantic began Jan. 11.

• On Jan. 20, 1961, John F. Kennedy is inaugurated as the 35th president of the United States. At age 43, Kennedy was the youngest candidate ever elected to the presidency and the first Catholic president.

• On Jan. 15, 1972, Don McLean's *American Pie* hits No. 1 on the Billboard charts. The song references the 1959 plane crash that killed famous stars Buddy Holly, Ritchie Valens and J.P. "the Big Bopper" Richardson.

• On Jan. 16, 1991, President George H.W. Bush waits to see if Iraq will withdraw from Kuwait by a midnight deadline mandated by the United Nations, or if war will ensue. Just after midnight in the U.S. on January 17, Bush gave the order for U.S. troops to lead an attack on Saddam Hussein's army.

• On Jan. 19, 2007, Beijing, China, gets its first drive-through McDonald's restaurant. The opening ceremony included traditional Chinese lion dancers and a Chinese Ronald McDonald. Kentucky Fried Chicken first opened in China in 1987.

# My Stars ★★★★★

FOR WEEK OF JANUARY 14, 2019

**Aries** (March 21 to April 19) Romantic aspects are high at this time for single Lambs looking for love. Warm and fuzzy feelings also are at enhanced levels for Rams and Ewes in paired relationships.

**Taurus** (April 20 to May 20) This week favors what Taureans dote on – namely, love and money. Look for more meaningful relationships for both singles and pairs, as well as an improved financial outlook.

**Gemini** (May 21 to June 20) All lingering shreds of that recent bout with boredom are dissipated as you eagerly accept a challenging offer. Your positive mood persuades others to join you in this venture.

**Cancer** (June 21 to July 22) You might need validation for a possible solution to a situation involving someone close to you. Consider asking a trusted friend or relative to help you with this problem.

**Leo** (July 23 to August 22) Investigate carefully before agreeing to assist a friend or colleague with a personal problem. There might be hidden factors that could emerge later that will create problems for you.

**Virgo** (August 23 to September 22) Your decision to work with an associate rather than go it alone, as you first proposed, brings an unexpected bonus. Be careful not to be judgmental. Allow for free and open discussion.

**Libra** (September 23 to October 22) A loved one's health problem could, once again, make demands on your time and attention. But this time, make some demands of your own, and insist that others pitch in and help.

**Scorpio** (October 23 to November 21) This is a good time for the traditionally staid Scorpion to plan adjustments in your day-to-day schedules. Be more flexible and allow for more impromptu, off-the-cuff actions.

**Sagittarius** (November 22 to December 21) Avoid creating unnecessary fuss over a situation you don't approve of. If it's going to work, it will do so despite your objections. If it fails, it will do so without a push from you.

**Capricorn** (December 22 to January 19) Working with a trusted colleague could open your mind to exploring some considerations you previously dismissed out of hand. The weekend brings news from a loved one.

**Aquarius** (January 20 to February 18) Resolving a recent problem leaves you in a good position to strengthen your influence on how things get done. But continue to encourage ideas and suggestions from

others.

**Pisces** (February 19 to March 20) A new friend suggests an interesting opportunity. But check it out before you snap at it. It might be a good deal for some people, but it might not work in helping you reach your goals.

**Born This Week:** You have a way of helping people solve their problems, making you a most-respected counselor and trusted friend.

## STRANGE BUT TRUE

• It was English journalist, political essayist and novelist George Orwell, probably best known for his works "Nineteen Eighty-Four" and "Animal Farm," who made the following sage observation: "Serious sport has nothing to do with fair play. It is bound up with hatred, jealousy, boastfulness, disregard of all rules and sadistic pleasure in witnessing violence. In other words, it is war minus the shooting."

• Considering their unsavory reputation, you might be surprised to learn that jackals often help raise their younger siblings, even after they're fully grown.

• If you want to have an especially memorable – and chilly – vacation, consider heading to Finnish Lapland. There, more than 150 miles north of the Arctic Circle, you can stay at the Kakslauttanen Hotel. The quarters aren't luxurious, but the sights are amazing. All the accommodations are geodesic glass igloos, offering amazing views of the aurora borealis.

• Are you a snollygoster? If so, you're shrewd – and that isn't a bad thing, of course. However, it also means that you're rather lacking in principles, a trait you might not want to advertise.

• The next time you're tempted to whip out the plastic to make a purchase, you might want to consider this little factoid: The average American spends 20 percent to 30 percent more when using a credit card than when paying with cash.

• The heaviest rainfall in a 24-hour period ever to fall in the United States occurred in Alvin, Texas, in 1979. In that year, a total of 43 inches of rain fell in the space of a single day.

## THOUGHT FOR THE DAY

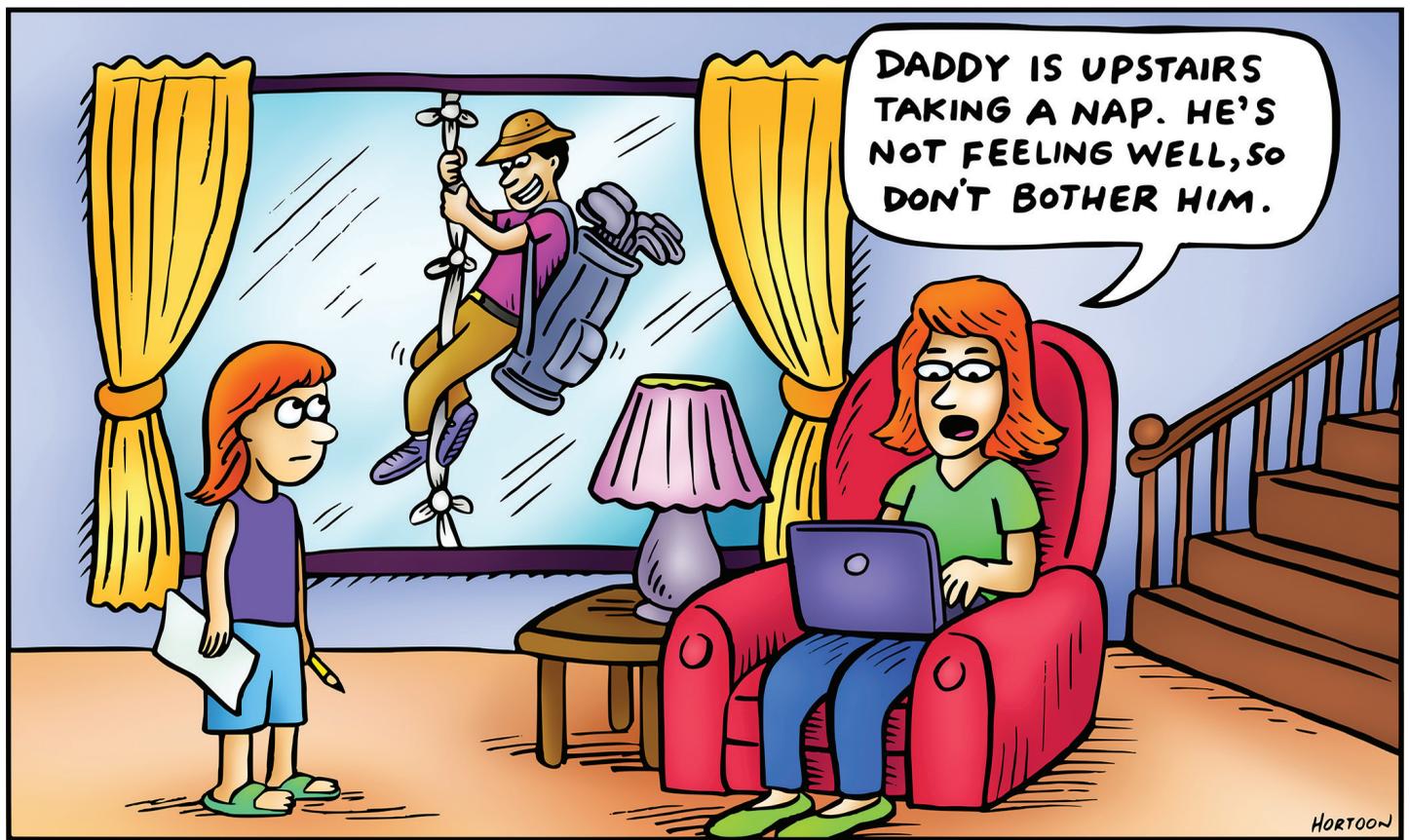
"Catch-and-release, that's like running down pedestrians in your car and then, when they get up and limp away, saying – Off you go! That's fine. I just wanted to see if I could hit you." – Ellen DeGeneres

## SCRAMBLERS

1. Scope; 2. Deter;
3. Tackle; 4. Gloom

Today's Word  
**COMPACT**

## HORTOONS



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cortona	Miromar Lakes	2018	2,729	\$1,840,000	\$1,725,000	73
Anchorage At Bonita Bay	Bonita Springs	1999	3,561	\$1,350,000	\$1,340,000	9
Cape Coral	Cape Coral	2012	4,031	\$1,200,000	\$1,075,000	39
Alva	Alva	1991	2,485	\$1,100,000	\$750,000	277
Paseo	Fort Myers	2015	2,876	\$765,000	\$750,000	397
Royal Tee Country Club Estates	Cape Coral	2018	2,530	\$649,900	\$649,900	199
Valencia Bonita	Bonita Springs	2018	2,883	\$624,900	\$624,900	157
Acreage	North Fort Myers	1999	2,760	\$599,800	\$556,000	31
Paseo	Fort Myers	2010	3,248	\$599,000	\$575,000	156
Riverside Yacht Club	Fort Myers	1997	2,310	\$565,000	\$542,000	11

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